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SEVADAL MAHILA MAHAVIDYALAYA

Place for Higher Learning & Research (Research Academy)

Sakkardara Square, Umrer Road, Nagpur-440024

<http://sevadalmahilamahavidyalaya.ac.in>

REPORT OF MILLETS EXHIBITION

ORGANIZED BY
Department of Food and Nutrition

2023 - 2024



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REPORT ON MILLETS EXHIBITION

Food and Agriculture Organization and United Nations have recognised 2023 as International Year of Millets. The Food and Nutrition Department of Sevadal Mahila Mahavidyalaya, Nagpur organized a captivating and informative Millets Exhibition at the college campus. The exhibition aimed to promote awareness about the nutritional significance of millets, their diverse culinary uses, and their role in fostering sustainable food systems. The event successfully achieved these objectives, engaging both students and faculty members.

In the realm of academia, the Department of Food and Nutrition at Sevadal Mahila Mahavidyalaya has always been at the forefront of promoting holistic approaches to health, sustainable nutrition, and innovative culinary practices. In keeping with this tradition, the department recently orchestrated a remarkable event that not only showcased its commitment to these ideals but also left an indelible mark on the academic and nutritional landscape – the Millet Exhibition.

The Millet Exhibition was inaugurated by Hon'ble Dr. P. S. Deshpande, Vice Principal, Sevadal Mahila Mahavidyalaya, Nagpur and was accompanied by Dr. (Mrs.) Jyoti Ramtake, In-charge, Home Science Faculty on 29th August 2023. Head, Department of Food and Nutrition Dr. (Mrs.) Meghali M. Joharapurkar welcomed all the guests and accompanied them to each and every stall of the exhibition and explained the importance of millets.

Millet, often referred to as "Shri Anna" for its unparalleled nutritional value and sustainable growth, took center stage at this exhibition. The exhibition featured an impressive array of millets, showcasing their diversity. Pearl millet, Finger millet, Sorghum, Foxtail millet, Kodo, and many more were on display, accompanied by informative posters detailing their nutritional content and health benefits.

The Food and Nutrition Department also prepared recipes of milletbased foods such as Ragi Idli, Ragi Chiwada, Ragi Kheer, Ragi Laddu, Ragi Ambil, Ragi Chilla, Ragi Biscuits, Ragi Papad, Ragi Appe, Jowar Ambil, Jowar Bhakari, Jowar Lahi Chiwada, Jowar Papad, Jowar Chilla, Bajara Burfi, Bajara Kheer, Bajara Murmura Chiwda. This provided practical insights into incorporating millets into everyday diets. This exhibition brought together students and faculty members in large number.



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The millets exhibition received an overwhelming response from students, faculty, and visitors. It successfully raised awareness about the nutritional benefits of millets and encouraged a greater interest in their consumption. It not only educated attendees but also inspired them to incorporate millets into their daily lives, contributing to healthier and more sustainable food choices. Additionally, it highlighted the crucial role of millets in sustainable agriculture and food systems.

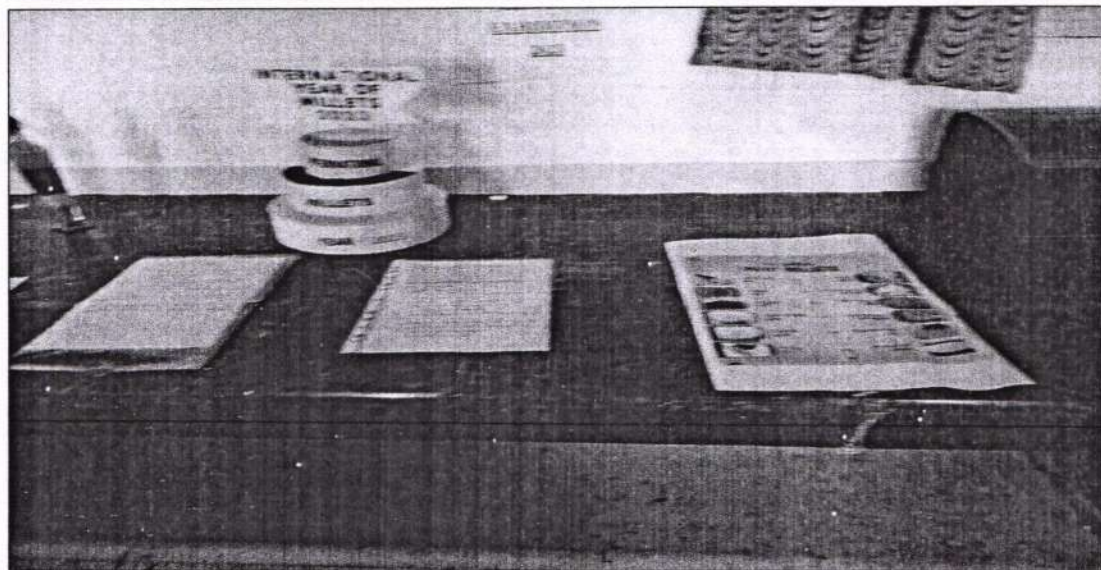
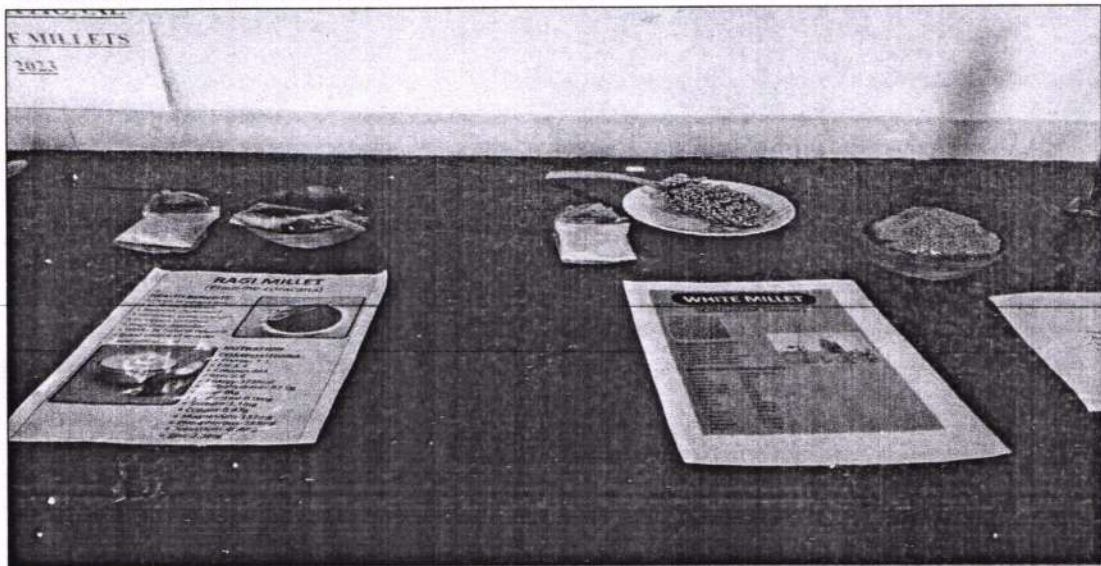
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(Prof. Pravin Charde)
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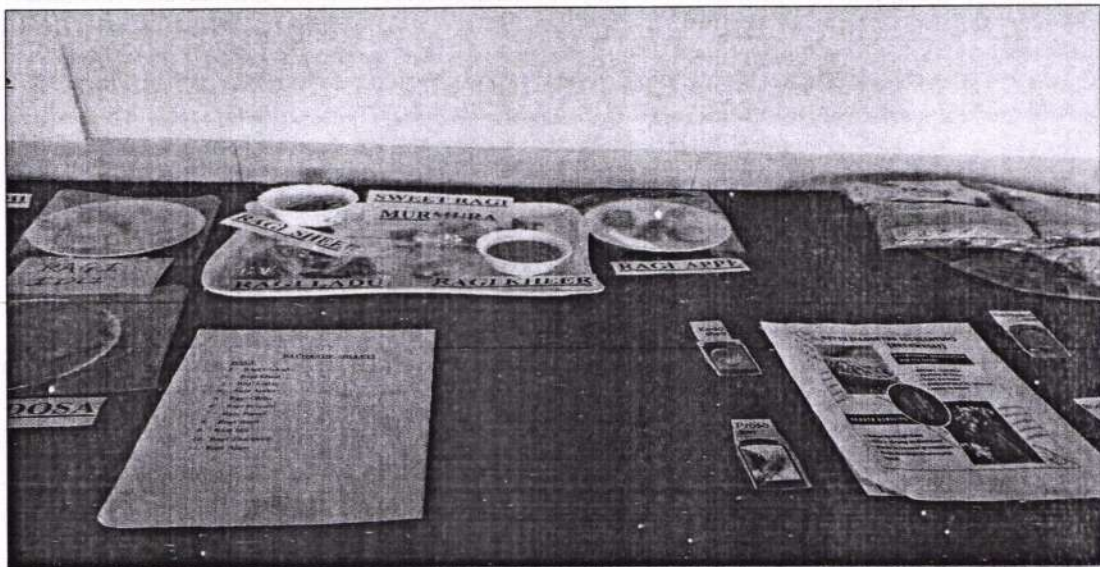


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Session: 2023-2024

Department of Food and Nutrition

Millets Exhibition

Date : 29th August, 2023

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