

#### NAAC RE-ACCREDITED WITH 'A' GRADE

# Sevadal Mahila Mahavidyalaya

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# Annual Report of NATIONAL SERVICE SCHEME



#### Submitted to

National Service Scheme Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur

> Academic Session 2023 - 2024



Comprehensive Report on Extension Activities carried out by Sevadal

Mahila Mahavidyalaya, Nagpur

Academic Session: 2023-2024

International Yoga Day Programme: 21st June, 2023

International Yoga Day is celebrated annually on June 21. It is a day dedicated to

raising awareness about the numerous benefits of practicing yoga and promoting its holistic

approach to health and well-being. Yoga is an ancient practice that originated in India and has

gained worldwide popularity for its physical, mental and spiritual benefits. The theme

for International Yoga Day 2023 is determined by the United Nations, which officially

recognised this observance in 2014. Each year, the theme focuses on a specific aspect of yoga

that highlights its relevance and impact on society. "Yoga for Vasudhaiva Kutumbakam" was

the theme for this year's International Yoga Day 2023 which beautifully captures our shared

aspiration for "One Earth, One Family, and One Future."

This year too, Sevadal Education Society's Sevadal Mahila Mahavidyalaya, Nagpur

celebrated the International Yoga Day on 21st June, 2023 at 9.00 a.m. The National Service

Scheme unit, Cultural and Co-curricular Committee and the Department of Physical

Education of the college organised the yoga session on this occasion.

Ms. Divyani Donge, the Yoga trainer, Nagpur provided valuable information on the

history of Yoga and its importance in everyone's life. She also provided valuable information

about various asanas and demonstrated the vogasanas for healthy and peaceful life.

The teaching, non-teaching staff members, NSS volunteers and the students of the

college participated in this Yoga session.

Principal
Principal
Sevedal Mahile Mahavidyataya
Umrer Roed, Nogpur.

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### Photographs of the Event:



Prof. Pravin Charde, Hon ble Principal of the college felicitating Ms. Divyani Donge



Glimpses of the programme





Yoga Trainers demonstrating Aasanas in International Yoga Day programme



Participants during International Yoga Day Programme



### Participation in Mission Yuva Programme: 15th July, 2023

The State Election Commission launched "The Mission Yuva EN-2023-24" campaign for upcoming Lok Sabha general elections. Under the Young Voters' Enrollment 2023-24, this campaign aimed at a target to enroll a minimum 75000 young voters who would exercise their adult franchise in upcoming elections.

The District administration organized the inaugural function of 'The Mission Yuva EN-2023-24' campaign at Divisional Sports Complex, Mankapur, Nagpur on 15<sup>th</sup> July, 2023 at 10.00 a.m. Shri Shrikant Deshpande, Chief Election Officer, Maharashtra State, Mrs. Vijayalaxmi Bidri, Divisional Commissioner, Dr. Subhash Choudhari, Hon'ble Vice Chancellor, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur, Dr. Sanjay Dudhe, Pro. Vice-Chancellor, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur, Shri Vipin Itankar, District Collector and Chief Election Officer, Nagpur and Mrs. Soumya Sharma, Chief Executive Officer, Zilha Parishad, Nagpur were present for the inaugural function of this campaign. The students from many schools and colleges of the Nagpur city were present on this occasion. The dignitaries guided the teachers, students and volunteers and appealed for maximum enrollment of new voters for upcoming Loksabha General Elections.

Mr. Purushottam Gajbhiye, Programme Officer, NSS unit of the college and Mr. Sharad Bakhade, Member, NSS unit of the college attended this inaugural programme.



Letter, Mission Yuva Programme





Shri. Shrikant Deshpande, Chief Election Officer, Maharashtra State expressing his views



Huge attendance for the programme



NSS Programme Officer P.M. Gajbhiye along with S.T. Bakhade



## Participation in One Day Workshop on POCSO & POSH: 18th August, 2023

Child sexual abuse laws in India have been enacted as part of the child protection policies of India. The Parliament of India passed the 'Protection of Children against Sexual Offences Bill (POCSO), 2011' regarding child sexual abuse on 22 May 2012, making it an Act. A guideline was passed by the Ministry of Women and Child Development, India. The rules formulated by the government in accordance with the law had also been notified on the November 2012 and the law had become ready for implementation. [5] There have been many calls for more stringent laws.

India has one of the largest populations of children in the world. The Census data from 2011 also shows that India has 472 million children population below the age of eighteen. Protection of children by the state is guaranteed to Indian citizens by an expansive reading of Article 21 of the Indian constitution and also mandated given India's status as signatory to the UN Convention on the Rights of the Child.

In this regard, the National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur and Sakshi Foundation, Nagpur under Rakshin Project organised One Day Workshop on POCSO & POSH and NSS Annual Planning Meet at Chitanvis Centre, Near Hislop College, Nagpur on 18<sup>th</sup> August, 2024 at 9.30 a.m.

Mr. Sanjay Patil, Additional Commissioner of Police, Maharashtra was the Chief Guest for this programme. Dr. Subhash Choudhari, Hon'ble Vice Chancellor, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur, Dr. Sanjay Dudhe, Hon'ble Pro-Vice Chancellor, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur, Mr. Sekhar Rayaprolu, Deputy Manager, Community Development, Coal India Ltd., Dr. Sujata Sirmukadam, Medical Superintendent, Western Coal Fields Ltd. were the Guests of Honour for this programme. Ms. Smita Bharti, Executive Director, Sakshi Foundation, New Delhi, Dr. Sopandeo Pise, Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur and Dr. Ramya Nisal, Programme Director, The Rakshin Project by Sakshi were also present on this occasion.

In her welcome note, Ms. Smita Bharti, Executive Director, Sakshi Foundation, New Delhi threw light on the history of Sakshi Foundation and the campaigns being undertaken by the Rakshin Project for the protection of children from sexual abuse and harassment. The



dignitaries also talked about the POCSO Act and appealed all the stakeholders of society to strive for the protection of children's rights.

The inaugural session was followed by short plays on sexual harassment in institutes of Higher Education, sessions on POSH (Prevention of Sexual Harassment) by Dr. Ramya Nisal, Programme Director, The Rakshin Project by Sakshi and Dr. Aditi Kishore, Director-Sustainability, Sakshi. Later on, NSS Programme Officers Meeting was addressed by Dr. Sopandeo Pise, Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur. The small group exercises were carried out after the meeting. Ms. Jayshree Dubey, Sakshi Foundation expressed vote of thanks. Mr. Purushottam Gajbhiye, Programme Officer, NSS unit of the college participated in this programme and NSS Programme Officers' Annual Convention. The programme ended with certificates distribution.



Ms. Smita Bharti, Executive Director, Sakshi Foundation during introductory speech



Mr. Sanjay Patil, Additional Commissioner of Police, Maharashtra expressing his views





Dr. Subhash Choudhari, Hon ble Vice Chancellor, RTMNU, Nagpur during his speech



Dr. Sopandeo Pise, Director, NSS, RTMNU, Nagpur addressing during Annual Meet



Dr. Ramya Nisal, Programme Director, The Rakshin Project by Sakshi throwing light on POCSO



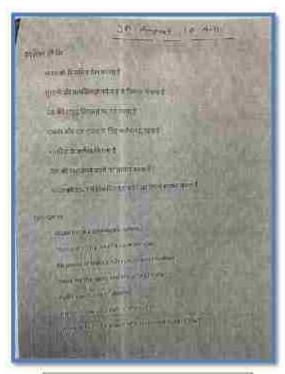
### 'Meri Mati, Mera Desh' Campaign: 09th -30th August, 2023

Azadi Ka Amrit Mahotsav is an initiative of the Government of India to celebrate and commemorate 75 years of independence and the glorious history of its people, culture and achievements. Azadi ka Amritmahotsav aimed to boost people's movement through collaborative campaigns and outreach activities across India and the world.

As per the directions received from the Department of Students Welfare, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur vide letter no. RTMNU/S.V.V./2023/228 dated 07<sup>th</sup> August, 2023, it was communicated to affiliated colleges of the university to organize 'Meri Mati, Mera Desh' campaign from 09<sup>th</sup> August, 2023 to 30<sup>th</sup> August, 2023. Under, this campaign, the Co-Curricular and Cultural committee and the National Service Scheme unit of the college organized following activities.

#### Panchpran Pledge:

The 'panchpran Pledge' programme was organized at room no. 110 of the college. The teaching, non-teaching and the students and NSS volunteers of the college took 'panchpran pledge'. The participants pledged to make India a developed nation in adherence to the unity and integrity of India. The participants also pledged to uproot the mindset of slavery and to work in unison to make India a developed nation by 2047.



Panchpran Pledge





Staff members reciting Panchpran Pledge



Staff members during Panchpran Pledge





Students reciting Panchpran Pledge



Students reciting Panchpran Pledge



#### Vasudha Vandan:

The Vasudha Vandan programme was organized by the Department of National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur on 19<sup>th</sup> August, 2023 at 9.00 a.m. at University Convocation Hall, Chatrapati Shivaji Maharaj Administrative Premises, Maharajbag, Nagpur. On this occasion, Tree Plantation Rally, Tree Plantation and Mati Ko Naman programmes were organized.

Dr. Sanjay Dudhe, Hon'ble Pro Vice Chancellor, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur was the Chief Guest of this programme. Dr. Sopandeo Pise, Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nappur University, Nagpur was also present for this programme.

Many students and NSS volunteers of various colleges of the city participated in the programme. The tree plantation rally was organized from the university administrative premises to the Freedom Park, Nagpur. After the rally tree plantation was organized in the university premises and the dignitaries planted tree saplings in nearby area. The tree plantation programme was followed by Mati ko Naman programme in which the dignitaries and the participants resolved to conserve the mother Earth.

The students from the college also participated in Mati Ko Naman programme.



Participants during Tree plantation rally





Hon'ble Director, NSS, RTM, Nagpur University, Nagpur and the participants during Tree plantation rally



The dignitaries planting a sapling during Mati Ko Vandan Programme





NSS volunteers of the college during Mati ko Vandan programme

#### Viron ka Naman :

The Viro ko Naman programme was organized by the Department of National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur on 19<sup>th</sup> August, 2023 at 9.00 a.m. at University Convocation Hall, Chatrapati Shivaji Maharaj Administrative Premises, Maharajbag, Nagpur. The Viro ko Naman programme aimed to honour the freedom fighters and retired defence personnel who protected the nation.

On this occasion, Dr. Sanjay Dudhe, Hon'ble Pro Vice Chancellor, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur was the Chief Guest of this programme. Dr. Sopandeo Pise, Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nappur University, Nagpur was also present for this programme.

On this occasion, the retired military person was honoured by the hands of dignitaries. The distinguished guests appealed students to serve the nation. Our nation should be our first priority and we should fight for the unity and integrity of our country till our last breath. The students from the college rendered a patriotic song in the honour of national heroes and patriots.





Dignitaries addressing the gathering during Viron ko Naman Programme



Recital of patriotic song during Independence Day Programme



#### Dhwajarohan and Rashtragan Programme:

Sevadal Education Society's Sevadal Mahila Mahavidyalaya, Nagpur celebrated the 76<sup>th</sup> Independence Day at Sevadal Education Society, Nagpur. On this occasion, Hon'ble Shri Sanjayji Shende, President, Sevadal Education Society, Nagpur was the chairman of the programme. Dr. (Mrs.) Kirantai Barai, Secretary, Sevadal Education Society, Nagpur was the guest of honour for the function. Dr. Deepak Sane was the chief guest for the function.

The Independence Day programme started with unfurling the tri-colour. Hon ble Shri Sanjayji Shende hoisted the Indian national flag. The hoisting of the Indian nation flag ceremony was followed by the Tiranga and Vande Mataram songs. The dignitaries appealed the students to respect our motherland and to strive for its unity and integrity. The programme ended with a recital of national anthem.



Flag hoisting ceremony at Sevadal Education Society, Nagpur





Flag hoisting ceremony



Recital of National Anthem on Independence Day



## Participation in Vrukshdindi, Tree Plantation and Mati ko Naman Viro Ko Vandan Programme : 19<sup>th</sup> August, 2023

As per Government directions, Vrukshdindi, Tree Plantation and Mati Ko Naman Viro ko Vandan programme was organised at University Convocation Hall, Chatrapati Shivaji Maharaj Administrative Campus, Maharaj Bag, Nagpur on 19<sup>th</sup> August, 2023 at 8.30 a.m.

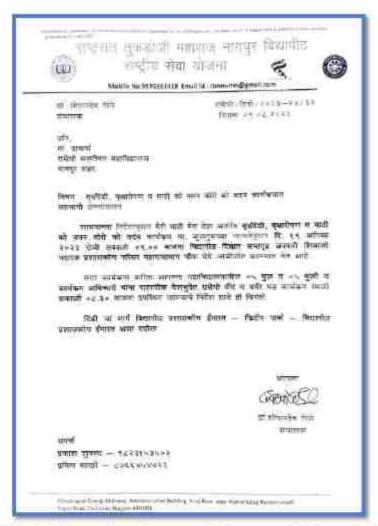
The NSS programme Officers from various affiliated colleges of Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur participated in this vrukshdindi. The NSS volunteers from various colleges also participated in this vrukshdindi in various traditional dresses.

The Vrukshdindi was flagged off by Dr. Sopandeo Pise, Hon'ble Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur. The congregation started the vrukshdindi from University Convocation Hall, Chatrapati Shivaji Maharaj Administrative Campus, Maharaj Bag, Nagpur at 9.00 a.m. The volunteers raised slogans in favour of environment protection and conservation of flora and fauna. It reached to the end point at Freedom Park, Zero Miles Square where the dignitaries stated the importance of environment. Later on, the vrukshdindi ended at Chatrapati Shivaji Maharaj Administrative Campus, Maharaj Bag, Nagpur.

The vrukshdindi was followed by tree plantation drive at the same campus. Dr. Sanjay Dudhe, Hon'ble Pro Vice-Chancellor, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur was the Chief Guest for this tree plantation programme. The dignitaries along with the programme officers and NSS volunteers participated in tree plantation programme. In 'Mati Ko Naman Viron Ko Vandan' Programme Dr. Sanjay Dudhe, Hon'ble Pro Vice-Chancellor, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur talked about the importance of environment and how we should strive for conservation of mother Nature.

This programme ended at 11.30 a.m. The programme was followed by breakfast. Mr. Purushottam Gajbhiye, Programme Officer, NSS unit of the college along with four NSS volunteers participated in these programmes.





Letter, Vrukshdindi, Tree Plantation & Matio ko Naman Viro ko Vandan Programme



Meri Mati Mera Desh Vrukshdindi



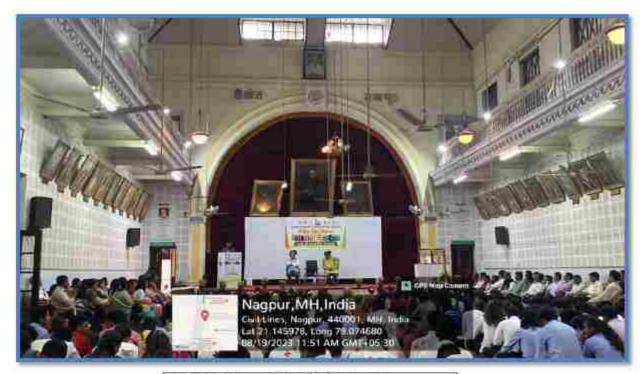


Dignitaries planting a tree sapling during tree plantation programme



The Participants during Tree Plantation Programme





Mati ko Naman Viro Ko Vandan Programme

# Participation in One Day Clean Up Drive : Clean India Campaign : 11th September, 2023

The National Service Scheme Department, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur organized Swachhata Action Plan, One Day Clean Up Drive: Clean India Campaign at Chatrapati Shivaji Maharaj Administrative Campus, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur on 11<sup>th</sup> September, 2023 at 9.00 a.m.

04 NSS volunteers from the college participated in this campaign. The volunteers enthusiastically collected the garbage, plastic and left-overs from the road leading from Chatrapati Shivaji Maharaj Administrative campus; RTM Nagpur University, Nagpur to Freedom Park, Zero Mile, Nagpur. The volunteers also cleaned the adjacent premises.

The Swacchata campaign was followed by the programme. The chairman of the programme was Dr. Sanjay Dudhe, Pro Vice-Chancellor, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur Dr. Sopandeo Pise, Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur was also present on this occasion. The dignitaries appealed students to keep clean the nearby localities and urged them to maintain ecological balance in their livelihood.





Volunteers cleaning the garbage



Glimpses of Clean India Campaign





Photoshoot at Zero Freedom Park, Zero Mile Square



The NSS team at Swacchata Abhiyan





Dr. Sanjay Dudhe, Hon'ble Pro Vice-Chancellor, RTMNU speaking on this occasion



Certificate distribution ceremony



# Eco-friendly Genesha Idols Immersion Campaign with Green Vigil Foundation: 20<sup>th</sup> – 29<sup>th</sup> September, 2023

The immersion of Ganpati Bappa had started with full swing and fervour in the city in the month of September, 2023. Nagpur Municipal Corporation installed around 413 artificial tanks across Nagpur city to facilitate Eco friendly Ganpati Visarjan across Nagpur city. Like every year, this year too, majority of the household Ganpati Idol immersions were taking place in the artificial ponds installed at Futala Lake. Persistently, like from past 13 years, even this year, Green Vigil Foundation, an NGO working in the field of environment supported Nagpur Municipal Corporation in the eco-friendly Ganpati idol immersion at the air force side of Futala lake. Green Vigil Foundation Team was present at Futala lake from 5 p.m. to 10 p.m. on all ten days of Ganpati Visarjan.

The members of the organization advocated for immersion of the Ganpati idols in artificial tanks and collection of Nirmalya. Members were keen in sensitizing citizens about the damage caused to the environment and water ecosystem by POP idols and chemical paints adorned by idols. This year, students of Shri Ramdeobaba College of Engineering & Management and Sevadal Mahila Mahavidyalaya supported Green Vigil Foundation in this campaign.

Surbhi Jaiswal, Team Lead, Green Vigil, said, "The eco-friendly Ganesh Utsav in Nagpur is getting a very good response from citizens. So far, out of 500 idols, only 18 idols have been identified as POP idols. There has been significant and evident change in people's mind-set towards environment and sustainability." Sanskar Maheshwari, a final year student of Shri Ramdeobaba College of Engineering & Management said, "The efforts made by the Nagpur Municipal Corporation to protect the city's waterbodies are commendable." This campaign sought overwhelming response from equally eco conscious citizens of the Nagpur city. More than 1000 Ganesha Idols were immersed in these eco-friendly water tanks during the Ganesh Utsav.

Eco-friendly Ganesh visarjan was carried out under the able guidance of Prakash Warhade, Deputy Commissioner, NMC and Dr. Gajendra Mahalle, Deputy Commissioner, NMC. Deendayal Tembekar, Kaustav Chatterjee, Surbhi Jaiswal, Mehul Kosurkar, Bishnudeo Yadav, Sheetal Choudhary, Shriya Jogey, Tushar Deshmukh, Prabha Barde, Purushottam Gajbhiye, Sanskar Maheshwari, Mitali Pandey, Adarsh Sinha, Pratiksha Methi,



Vivek Mehar, Varun Mantri, Arnav Dekate, etc. worked hard to make eco-friendly Ganesh visarjan a success.



Nirmalya Rath at Futala Lake, Nagpur



Dust Bins placed at Futala Lake for disposing off the rubbish materials





NSS volunteers during Ganesha Idols immersion at Futala Lake, Nagpur



Volunteers during Ganesha Idols immersion at Futala Lake, Nagpur





Ganesha Idols immersion in artificial tank at Futala Lake, Nagpur



NSS volunteers during Ganesha Idols immersion at Futala Lake, Nagpur



NSS volunteers and members of Green Vigil Foundation, Nagpur during Ganesha Idols immersion at Futala Lake, Nagpur





#### News item published in the daily newspaper



News item published in the daily newspaper



# NSS Foundation Day with Eco-friendly Genesha Idols Immersion Campaign with Green Vigil Foundation: 25<sup>th</sup> September, 2023

The National Service Scheme Unit of Sevadal Mahila Mahavidyalaya celebrated NSS Foundation Day by participating in Eco-friendly Ganesh Idols Immersion campaign launched by Green Vigil Foundation, Nagpur - a premier Non-government organisation working for protection of environment and conservation of flora and fauna.

The NSS volunteers along with the NSS members of the college and the members of Green Vigil Foundation, Nagpur advocated for immersion of the Ganpati idols in artificial tanks and collection of Nirmalya. Members were keen in sensitizing citizens about the damage caused to the environment and water ecosystem by POP idols and chemical paints adorned by idols.

Purushottam Gajbhiye, Programme Officer, NSS unit of the college along with two teaching staff members and 09 NSS volunteers participated in this activity in which they helped the devotees to perform Ganesha immersion in artificial tanks instead of immersing the idol in natural waterbody.



NSS team of the college, office bearers of Green vigil Foundation, Nagpur and members of Nagpur Municipal Corporation



#### Swaccha Bharat Abhiyan : Gandhi Sagar Lake, Nagpur: 01st October, 2023

The National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur and Central Bureau of Communication, Regional Office, Nagpur under the Ministry of Information and Broadcasting, Government of India organized Swaccha Bharat Abhiyan-Swacchata hi Seva programme at Gandhi Sagar Lake, Nagpur on 01<sup>st</sup> October, 2023 at 9.00 a.m.

Dr. Subhash Choudhari, Hon'ble Vice Chancellor, Rashtrasant Tukadoji Maharaj, Nagpur University, Nagpur, Dr. Sanjay Dudhe, Hon'ble Pro Vice-Chancellor, Rashtrasant Tukadoji Maharaj, Nagpur University, Nagpur, Dr. Sopandeo Pise, Hon'ble Director, National Service Scheme, Rashtrasant Tukadoji Maharaj, Nagpur University, Nagpur and the office bearers of Central Bureau of Communication, Regional Office, Nagpur were present on this occasion.

The dignitaries explained the importance of cleanliness in life and appealed students to maintain hygiene in their residence and nearby locality. A huge crowd of NSS volunteers and NCC cadets and civilians participated in this swacchata abhiyan. Mr. Purushottam Gajbhiye, Programme Officer, NSS unit of the college along with 04 NSS volunteers participated in this swacchata abhiyan.



Swaccha Bharat Abhiyan, Ministry of Information and Broadcasting, Government of India





Dignitaries during the inaugural programme



NSS volunteers during swacchata rally at Gandhisagar Lake, Nagpur





Swacchata Abhiyan



Volunteers collecting the rubbish material



# Mahatma Gandhi Birth Anniversary : Swaccha Bharat Abhiyan at Sevadal Mahila Mahavidyalaya & Sevadal Mahila Mahavidyalaya Hostel, Nagpur : 02<sup>nd</sup> October, 2023

\*Mahatma Gandhi and Lal Bahadur Shastri Birth Anniversary' programme was celebrated at Sevadal Auditorium, Sevadal Mahila Mahavidyalaya, Nagpur on 02<sup>nd</sup> October, 2023 at 8.00 a.m. Hon'ble Shri Sanjayji Shende, President, Sevadal Education Society, Nagpur was the chairperson of the programme.

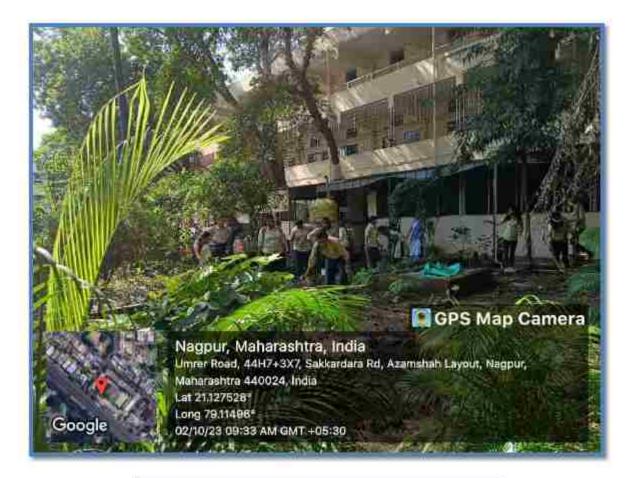
After the programme, the National Service Scheme unit of the college organized Swaccha Bharat Abhiyan at college premises. Near about 60 NSS volunteers of the college participated in this cleanliness drive. The volunteers were very enthusiastic in cleaning the premises. They collected the plastic garbage and swept the nearby area. Purushottam Gajbhiye, Programme Officer, NSS unit of the college, Mr. S. T. Bakhade, Dr. S. S. Mandaogade, Dr. B. S. Tapase, Dr. S. G. Meshram, Mrs. J. D. Kamble and other staff members also participated in this swacchata abhiyan at college.

The Swaccha Bharat Abhiyan at college was followed by the cleanliness drive at Sevadal Mahila Mahavidyalaya Hostel, Narsala, Nagpur. The NSS volunteers and the students from hostel participated in this drive. Mr. Purushottam Gajbhiye, Programme Officer, NSS unit of the college and Dr. (Mrs. A. S. Dhoble), Warden, Sevadal Mahila Mahavidyalaya Hostel, Nagpur were present and participated in this cleanliness drive.



Volunteers collecting the rubbish material at college





Volunteers collecting the rubbish material at college



Swaccha Bharat Abhiyan at SMM Hostel at Narsala, Nagpur





Swaccha Bharat Abhiyan at SMM Hostel at Narsala, Nagpur



NSS Volunteera and hostel inmates during cleaning the premises at SMM Hostel at Narsala, Nagpur



### National Unity Day: 31st October, 2023

National Unity Day is celebrated in India on 31st October. It was introduced by the Government of India in 2014. The day is celebrated to mark the birth anniversary of Vallabhbhai Patel who had a major role in the political integration of India.

The official statement for National Unity Day by the Home Ministry of India cites that the National Unity Day will provide an opportunity to re-affirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity and security of our country.

As per the directions received from Hon'ble Director's office, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur to observe National Unity Day, the NSS unit of the college celebrated National Unity Day in the college. On this occasion, Purushottam Gajbhiye, NSS Programme Officer of the college addressed the students and read out the Unity pledge. The NSS volunteers of the college also pledged for national unity and integrity.

#### राष्ट्रीय एकता दिवस शपप

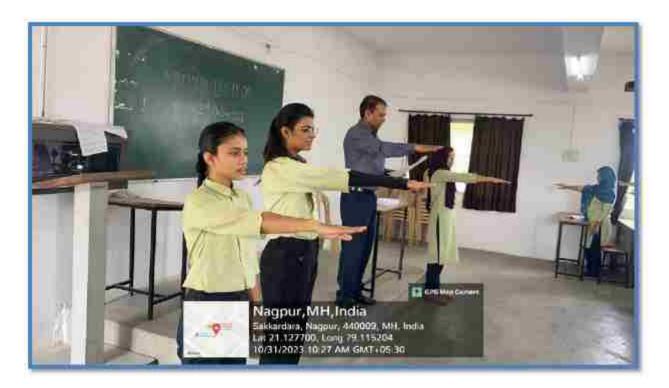
मैं सत्यनिष्ठा से शपय लेता हूँ कि मैं राष्ट्र की एकता, अयंत्रता और सुरक्षा को बनाए रखने के लिए स्वयं को समिति करूना और अपने देशवासियों के बीच यह संदेश फैनाने का भी भरशब प्रयत्न करूना। मैं यह राज्य अपने देश की एकता की भावना से ने रहा हूँ जिसे सरदार बल्लभगाई पट्टा की द्रवसिता एवं कार्यों द्वारा सभव बनावा जा सका। मैं अपने देश की आंतरिक सुरक्षा सुनिश्चित करने के लिए अपना योगदान करने का भी सत्वनिष्ठा से संकल्प करना हैं।

#### RASHTRIYA EKTA DIWAS PLEDGE

I solemnly pledge that I dedicate myself to preserve the unity, integrity and security of the nation and also atrive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure internal security of my country.

Rashtriya Ekta Diwas pledge





Recital of National Unity Pledge

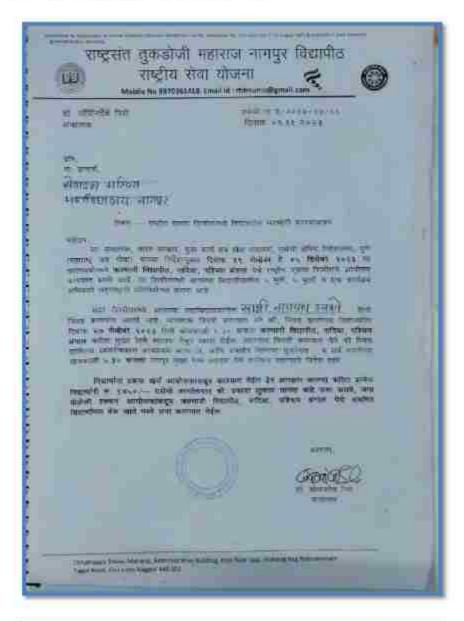


Students during Unity Pledge



# Participation of NSS Volunteer at National Integration Camp, Kalyani University, Nadiya, West Bengal: 29<sup>th</sup> November – 05<sup>th</sup> December, 2023

As Per the directions received from the office of The Ministry of Youth Affairs and Sports, Government of India and Hon'ble Director, NSS Regional Directorate, Pune and the directions received from the office of Hon'ble Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur, the NSS volunteer of the college, Ms. Sakshi N. Hanavate, B. A. Semester III participated as one of the representatives from Maharshtra state in National Integration organised by Kalyani University, Nadiya, West Bengal from 29<sup>th</sup> November to 05<sup>th</sup> December, 2023.



Selection letter for NIC at Kalyani University, West Bengal





Volunteers during NIC at Kalyani University, West Bengal



NSS Maharashtra team during NIC at Kalyani University, West Bengal





Glimpses of National Integration Camp at West Bengal



Hon'ble Principal sir Felicitating Sakshi Hanvate



## Santaji Jagnade Maharaj Birth Anniversary: 08th December, 2023

The NSS unit of the college received information from the office of Hon'ble Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur vide letter no. NSS/statues/2021-22/98, regarding the maintenance of statues of social reformers and distinguished personalities under the geographical periphery of the Nagpur Municipal Corporation, Nagpur.

In this regard, the NSS unit of the college has been shouldered upon the responsibility to maintain cleanliness of the premises nearby Santaji Jagnade Maharaj Statue at Sant Jagnade Maharaj Square, Nagpur and to celebrate the birth and death anniversaries of Santaji Jagnade Maharaj.

Birth anniversary of Shri Santaji Jagnade Maharaj was celebrated with equal enthusiasm by Sevadal Mahila Mahavidyalaya, Nagpur at 9.00 a.m. on 8<sup>th</sup> December, 2023. To commemorate the birth Anniversary of Shri Santaji Jagnade Maharaj, NSS volunteers of the college cleaned and decorated Shri Santaji Jagnade Maharaj Statue premises at Sant Jagnade Square, Nagpur.

Shri. Sanjayji Shende, Hon'ble President, Sevadal Education Society, Nagpur also graced the programme with his presence. Teaching Staff and NSS Volunteers of the college in big number marked their presence.

On the occasion, many dignitaries and people from all walks of life also were present for the programme.



Hon'ble Sanjayji Shende along with NSS volunteers of the college





NSS team along with dignitaries



NSS unit along with dignitaries during Santaji Jagnade Maharaj Birth Anniversary function



# Participation in Voters Awareness Rally and Recital of Voters' Pledge and Elocution Competition: 25<sup>th</sup> January, 2024

## Voters Awareness Rally at Vasantrao Naik Government Institute of Arts and Social Sciences, Nagpur

25<sup>th</sup> January is celebrated as 'World Voters Day' worldwide. In this context, the District Collector's office, Nagpur, Worship Earth Foundation and Rajiv Sports Foundation, Nagpur jointly organised 'Voters Awareness Rally' on 25<sup>th</sup> January, 2024 at Vasantrao Naik Government Institute of Arts and Social Sciences, Nagpur at 8.00 a.m. The rally started from Vasantrao Naik Government Institute of Arts and Social Sciences, Nagpur to the Freedom Park, Aakashvani Square and ended at the RBI Square, Nagpur. The NSS units of affiliated colleges under Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur, the Government organisations and the social welfare departments and non-government organisations took part in this rally. The participants and the volunteers raised slogans for the awareness of adult franchise

Mr. Purushottam Gajbhiye, Programme Officer, NSS unit of the college, Mr. S. T. Bakhade, Member, NSS unit of the college and 09 NSS volunteers participated in this voters awareness rally.



The NSS unit of the college at the rally





Rally marching ahead towards Aakashvani Square, Nagpur



Rally marching ahead towards Aakashvani Square, Nagpur



NSS volunteers during the Voters Awareness Rally



#### National Voters Day Celebration at College:

Sevadal Mahila Mahavidyalaya, Nagpur celebrated 14<sup>th</sup> National Voters Day on 25<sup>th</sup> January, 2024. On this occasion, a programme on voters awareness was organised. In his online address, hon ble Chief Election Commissioner of India shared his thoughts on the importance of adult franchise and how we can contribute in nation building.

In the same line, the recital of voters pledge and elecution competition on the theme 
'Role of Voters in Nation Building' were organised. Prof. Pravin Charde, Principal, Sevadal 
Mahila Mahavidyalaya, Nagpur was the chairperson of the programme. The session of recital 
of voters pledge was conducted and this session was followed by elocution competition on 
'Role of Voters in Nation Building'. The participants expressed their views on the importance 
of vote. The programme concluded with the national anthem.



National Voters Day celebration at the college





Address by the Chief Election Commissioner of India



Recital of Voters Pledge and Elocution Competition Programme



Recital of Voters Pledge



# Sevadal Mahila Mahavidyalaya, Nagpur

#### National Service Scheme Special Camp

Academic Session (2023-2024)

Venue : Ashokvan, Grampanchayat Rui, Near Paloti Engineering College, Wardha Road, Dist. Nagpur

Camp Duration: 04th February, 2024 to 10th February, 2024

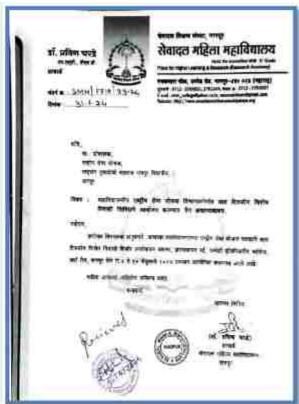
The National Service Scheme unit of Sevadal Mahiala Mahavidyalaya, Nagpur under Sevadal Education Society, Nagpur organised Seven Days Special Camp at Ashokvan, Grampanchayat Rui, Near Paloti Engineering College, Wardha Road, Dist. Nagpur from 04th February, 2024 to 10th February, 2024. Earlier, the NSS unit of the college used to organise camp in village Bahadura: a village four kilometres away from Nagpur city. But, the village has been declared as Nagarpanchayat so the NSS unit of the college couldn't organise the camp there. It was decided to organise special residential camp at Ashokyan, near Palloti Engineering College, Gram Panchayat Rui, Wardha Road, Nagpur, Ahokyan Project is run by Lok Biradari, Aanandvan, Warora in Chandrapur district of Maharashtra state. The Ashokvan Project is a noble initiative articulated by a visionary social reformer Dr. Baba Aamte. The project is further taken to its highest pedestal by his son Dr. Prakash Aamte, Many recovered leprosy patients who aren't welcomed by their kith and kin lead their lives in Ashokvan. The Maharogi Seva Samiti looks after the facilities including their accommodation, food, medicine, etc. Over 27 people live at Ashokvan and they lead their life by working in the farms, growing vegetables and taking care of one another. The Maharogi Seva Samiti is one the premier social organisation in the Vidarbha region in Maharashtra state.

During this seven days NSS Special Camp at Ashokvan in Rui village, most of the activities like, Social Awareness Programmes, Women Empowerment programme, Swacchata Abhiyan, Sessions on Mental and physical well-being, Session on Child sexual abuse, Best from Waste drive, etc have been carried out by the NSS unit.

Total 125 NSS volunteers, 05 NSS teaching members and all teaching and few nonteaching members participated in this camp. They wholeheartedly participated in each and every activity and made the camp a success.







Notice, NSS Sevan Days Special Camp

Letter to Director, NSS for camp





Pemission letter for NSS camp and NSS volunteers during the camp



## Participation in One Day Workshop on Yuva Sanvad: 02nd March, 2024

As per the directions received from the office of Regional Director, NSS and the Ministry of Higher and Technical Education, Government of Maharashtra, The National Service Scheme, Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur organised 'One Day Yuva Sanvad Workshop' on 02<sup>nd</sup> March, 2024 at Convocation Hall, Chatrapati Shivaji Maharaj Administrative Campus, R. T. M. Nagpur University, Nagpur at 11.00 a.m.

Dr. Sanjay Dudhe, Hon'ble Pro Vice Chancellor, Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur was the chairperson of the inaugural session of this workshop. Dr. Sopandeo Pise, Director, National Service Scheme, R. T. M. Nagpur University, Nagpur, Dr. Raju Hiwase, Registrar, R. T. M. Nagpur University, Nagpur were present for this inaugural session of the workshop. Dr. Mangesh Pathak, Director, Students Welfare Department, R. T. M. Nagpur University, Nagpur and Dr. Vinod Khedkar, Department of Marathi, Dr. M. K. Umathe Arts & Commerce College, Nagpur were the guest speakers on this occasion.

Dr. Mangesh Pathak, Director, Students Welfare Department, R. T. M. Nagpur University, Nagpur and Dr. Vinod Khedkar, Department of Marathi, Dr. M. K. Umathe Arts & Commerce College, Nagpur interacted with the participants. Many students participated in this interactive session. Many NSS volunteers from various colleges of the university participated in this workshop. They shared their views on various burning issues of society. Mr. Purushottam Gajbhiye, Programme Officer, NSS unit of the college and 15 NSS volunteers of the college participated in this workshop.



Hon ble Pro Vice Chancellor Dr. Sanjay Dudhe during his inaugural address





Dr. Sopandeo Pise, Director, NSS sharing his views



Dr. Mangesh Pathak, Director, Students Welfare Cell interacting with the students



Ms. Sangita Bhisikar, NSS volunteer of the college sharing her views



# NSS Volunteers' Participation at State Level National Service Scheme Camp at Parshivani, Dist. Nagpur: 24<sup>th</sup> February - 01<sup>st</sup> March, 2024

The National Service Scheme unit of Mahatma Gandhi Arts and Commerce College,
Parshivani run by VSPM Academy of Higher Education, Nagpur organised Seven Days State
Level National Service Scheme Camp at Palora in tahasil Parshivani of Nagpur district.

04 NSS volunteers of the college participated in this state level camp. The NSS volunteers participated in many activities and cultural programmes in this camp. The NSS team was also awarded with 'Best College Award' for their excellent participation in many activities.





Letter, State Level NSS camp & List of Participants





Inaugural session of State Level NSS Camp, Parshivani



Volunteers during Swacch Bharat Abhiyan





#### Environment Awareness Rally



Elocution Competition





Prize distribution ceremony



Hon'ble President felicitating the volunteers



Certificate of Participation



### Mahatma Gandhi Vichar Sanskar Pariksha : 28th March, 2024

The National Service Scheme unit of the college organises many curricular as well as social activities for students' academic and social development. The college is always concerned with students' overall development. In order to develop social responsibility, the NSS unit of the college organised Mahatma Gandhi Vichar Sanskar Pariksha in association with Gandhi Research Foundation, Jalgaon, Maharashtra. The foundation organises this examination with the aim to spread awareness about Mahatma Gandhi's life and his message to the world about values and ethics.

In this regard, a notice was circulated among the students regarding enrolment of the examination. 40 students from Arts, Science and B. Voc. Faculties of the college enrolled for the examination. The examination was held on 28<sup>th</sup> March, 2024. Total 31 students participated in this examination.

Ms. Prutha Bhusari has been awarded with the Gold Medal and Ms. Krutika Vaidya has been awarded with the Silver Medal in this examination.



Students' participation in 'Gandhi Vichar Sanskar Pariksha'





Students solving the question papers during 'Gandhi Vichar Sanskar Pariksha'



Students solving the question papers during 'Gandhi Vichar Sanskar Pariksha'

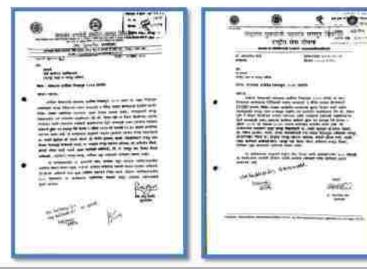


# Mission Yuva and Mission Distinction Programme under Voters Awareness Campaign: 05<sup>th</sup> April, 2024

Looking at the incumbent Loksabha General Election-2024, the Election Commission of India circulates people friendly guidelines for maximum participation in exercising their adult franchise and for a fair and peaceful voting. The ECI provided such guidelines under SVEEP for conducting many activities for fair voting and to increase voting turnout ratio among citizens. Under Mission YUVA and Mission DISTINCTION programme the Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur and the District Collectorate organised 'Voters Awareness programme' at Kavivarya Suresh Bhat Auditorium, Nagpur on 05th April, 2024 at 10.30 a.m.

Dr. Prashant Bokare, Hon'ble Vice Chancellor, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur, Dr. Vipin Itankar, Hon'ble District Collector and Chief Election Officer, Nagpur, Mrs. Somya Sharma, IAS, Chief Executive Officer, Zilha Parishad, Nagpur and many Nodal officers of the government were present on this occasion. Dr. Sopandeo Pise, Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur was also present for this voters awareness programme.

The dignitaries mainly focused upon the role of youth in voting, lack of awareness in exercise of adult franchise, increase in voters turnout ratio. They also emphasised on many facilities like introduction of voters helpline, votethon competition, facilities for old age voters, etc. 50 NSS volunteers along with the NSS team of the college participated in this awareness programme.



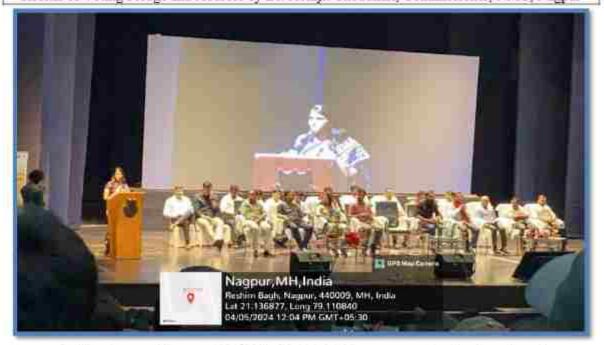
Letters, Mission YUVA and Mission DISTINCTION programme







Recital of Voting Pledge and Address by Dr. Abhijit Choudhari, Commissioner, NMC, Nagpur



Mrs. Soumya Sharma, CEO, Zilha Parishad, Nagpur expressing her thoughts



NSS volunteers and team members



# Sevadal Mahila Mahavidyalaya, Nagpur

#### National Service Scheme Special Residential Camp

Academic Session (2023-2024)

Venue : Ashokvan, Grampanchayat Rui, Near Paloti Engineering College, Wardha Road, Dist. Nagpur

Camp Duration: 04th February, 2024 to 10th February, 2024

The National Service Scheme unit of Sevadal Mahiala Mahavidyalaya, Nagpur under Sevadal Education Society, Nagpur organised Seven Days Special Camp at Ashokvan, Grampanchayat Rui, Near Paloti Engineering College, Wardha Road, Dist. Nagpur from 04<sup>th</sup> February, 2024 to 10<sup>th</sup> February, 2024.

The National Service Scheme strives to strengthen the youth of the country by organising various social, cultural and educational programmes. At college level, the NSS inculcates a sense of social responsibility and a sense of service to humanity.

With its inception in 1969, the National Service Scheme is committed to serve humanity. The aim of the NSS is 'Not me but you'. The NSS unit of the college organises various programmes and campaigns for the fulfilment of the dreams seen by the founders of the country. Many campaigns such as the environmental conservation, Swacch Bharat Abhiyan, extension of helping hands to the needy people in natural disasters, maintenance of national and social integrity, etc. are undertaken by college NSS unit as per the timely directions and suggestions received by the office of Hon'ble Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur. All such activities won't have been possible without a timely support and able guidance of Prof. Pravin Charde, Hon'ble Principal, Sevadal Mahila Mahavidyalaya, Nagpur.

During this seven days NSS Special Camp at Ashokvan in Rui village, most of the activities like, Social Awareness Programmes, Women Empowerment programme, Swacchata Abhiyan, Sessions on Mental and physical well-being. Session on Child sexual abuse, Best from Waste drive, etc have been carried out by the NSS unit.

Total 125 NSS volunteers, 05 NSS teaching members and all teaching and few nonteaching members participated in this camp. They wholeheartedly participated in each and every activity and made the camp a success.



# 04th February, 2024: (Day 1): Arrival of NSS team to Ashokvan and Guest Lecture on Astronomy

The National Service Scheme unit of Sevadal Mahiala Mahavidyalaya, Nagpur organised Seven Days Special Camp at Bahadura village, District Nagpur from 04<sup>th</sup> February, 2024 to 10<sup>th</sup> February, 2024.

The participant NSS volunteers gathered at the college at 2.30 p.m. They reported their attendance to the NSS teaching staff members. For transportation purpose, a bus from Nagpur Improvement Trust Bus Services was hired. All NSS team headed towards Ashokvan : NSS Camp destination at 4.00 p.m. The NSS team and the volunteers reached at Ashokvan, Grampanchayat Rui, Near Paloti Engineering College, Wardha Road, Nagpur, Shri, Vijay Patil, Warden, Ashokvan Project welcomed the team and handed over the keys for residential hall. 04 halls were arranged for NSS volunteers' accommodation and the volunteers were very happy to see the living arrangement and nature around them. Ashokvan is spread in the sprawling area of 56 acres of land. The presence of flora and fauna around fascinated the volunteers. Separate rooms were allocated to male and female teaching staff members. After having refreshment, the team looked after the arrangements of the camp. A separate hall for daily symposium was facilitated by Ashokvan management. The NSS volunteers cleaned the auditorium and the area around hall and their dwelling places. The catering services were arranged from Dongargaon village. For preparation of food, two female cooks were hired from nearby village who could live at the camp site 24×7. The arrangements like water facility, cooking area, an auditorium for daily activities and programmes, open space for recreational activities were arranged by the team management at Ashokvan project. Shri. Vijay Patil, Warden, Ashokvan Project provided timely support and assistance to NSS team and assured us for smooth functioning of the camp.

After tea break, a guest lecture on Astronomy was arranged for the volunteers. Shri Prajwal Lonare, researcher and keen observer of astronomical phenomenon provided in-depth insight into astronomical objects. He also showed sky ship which passed through the sky at 7.38 p.m. He informed about many planets and stars and galaxies in space.

This guest lecture was followed by a lunch at 9.00 p.m. After lunch, six groups were formed. Each group was named after well-known female social reformers in India. The groups like Rajmata Jijau, Sindhutai Sapkal, Ahilyabai Holkar, Rani Zanshi, Tarabai Shinde



and Savitribai Fuley were assigned with the task day-wise. Later on, attendance of participant NSS volunteers was enrolled and the volunteers proceeded towards their allotted accommodation halls.



NSS Special Residential Camp, Ashokvan, Wardha Road, Nagpur



NSS Volunteers during the first day of Camp





Cleaning the campus



Shri Prajwal Lonare giving information about astronomical objects



# 05<sup>th</sup> February, 2024: (Day 2): Meditation Session, Swaccha Bharat Abhiyan, Inaugural Function, Guest Lecture and Self-Defence Session

The second day of this residential camp began with meditation session for mental well-being. The sessions on meditation were conducted throughout seven day by Samarpan Meditation Centre, Dandi Aashram, Gujarat. It was decided that the recorded videos by Shri Shivkrupanand Swamiji will be played every day during this camp. All the NSS team gathered at seminar hall at 6.30 a.m. Shri Agrawalji conducted the session. The first meditation session ended at 8.30 in the morning. After this meditation session, roll call was taken and assembly was dismissed with NSS prayer and the National Anthem. This meditation session was followed by a breakfast and tea. Later on, the NSS members and the volunteers cleaned the premises. The dead leaves of plants and garbage were collected and the volunteers dumped this garbage in waste disposal van. After this swachhata abhiyan, the volunteers headed towards their accommodation halls and started preparing for the inaugural function of seven days special residential camp at Ashokvan.

The inaugural function of seven days National Service Special Residential Camp at Ashokvan premises was held on 05<sup>th</sup> February, 2024 at 12.30 p.m. The Chairperson of this inaugural function was Hon'ble Shri Sanjayji Shende, President, Sevadal Education Society, Nagpur. Hon'ble Prof. Pravin Charde, Principal, Sevadal Mahila Mahavidyalaya, Nagpur was the Chief Guest of the function. Dr. Pravin Deshpande, Dr. (Mrs.) Anjali Mahakalkar, Incharge, Science faculty, Dr. (Mrs.) Jyoti Ramteke, In-charge, Home Science faculty and Dr. Reeta Dhandekar, In-charge, Arts faculty of the college were present on this occasion. The dignitaries expressed their views and guided the volunteers to realise their acumen for the betterment of society. In his address, Shri. Sanjayji Shende stressed upon women empowerment and scientific temperament.

Prof. Pravin Charde, Hon ble Principal, Sevadal Mahila Mahavidyalaya, Nagpur expressed his thoughts about the objective of organising the NSS camp at this pious place and appealed all the volunteers to take utmost advantage of the camp. He also wished a success for the camp.

The inaugural function of this camp was compared by Purushottam M. Gajbhiye,

Programme Officer, National Service Unit of the colleg and Dr. (Mrs.) Shubhada S.

Mandaogade expressed her gratitude towards the dignitaries in her vote of thanks.



The inaugural function of the special camp was followed by a lunch.

In the afternoon session, a guest lecture on 'Proactive Measures for Prevention of Constipation' was organised at 4.00 p.m. Dr. (Mrs.) Sanghamitra D. Kolarkar provided detailed information about the causes of constipation and the ways to prevent and mitigate this problem. Later on, team formation was carried out for further activities and the assignment of daily tasks among the teams was done.

After the tea break, the evening session was devoted to sports activities where Mr. Sharad Bakhade conducted sports activities where he guided the volunteers for self-defence. The sports team from Sevadal Sports Club of Sevadal Education Society, Nagpur also joined in this session. Near about 15 sports enthusiasts and players from the club demonstrated various self-defence techniques. They also demonstrated newly inducted sports types like Tao, Sanda and Wushu. Many players demonstrated various self-defence tactics which are helpful in day to day life. The session on self-defence ended at 8.30 p.m.

This self-defence session was followed by a group prayer and a dinner. After the dinner, the volunteers departed to their accommodation halls. Thus, the second day at Ashokyan concluded with full of enthusiasm among the students.





Meditation session and discourse on rightful living





Volunteers cleaning the premises



Inaugural session of NSS Special Residential Camp at Ashokvan



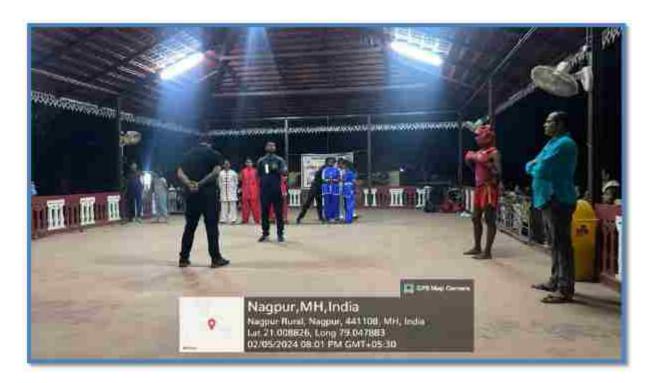


Hon'ble Shri Sanjayji Shende, President, Sevadal Education Society, Nagpur sharing his thoughts



Guest Lecture on 'Proactive Measures for Prevention of Constipation'





Shri Praful Gajbhiye, Instructor, Sevadal Sports Club talking about various self-defence techniques



Members of Sevadal Sports Club demonstrating the Wushu technique



# 06<sup>th</sup> February, 2024: (Day 3): Meditation and Pranayam, Swacchata Abhiyan, Guest Lecture on Body and Organ Donation, Session on Emotional Balance and Outdoor Activities and Games

The third day of National Service Scheme special camp started with meditation session and pranayama by Shri. Omprakash Jaiswal, Samarpan Meditation Centre, Nagpur. After the meditation session, an assembly and the NSS prayer was held where the volunteers were told the importance of prayer in one's life. The activities of the second day of the camp started with the national anthem at 8.450 a.m. It was followed by the breakfast and lunch.

The Swacchata Abhiyan was carried out by the NSS team at Ashokvan and the nearby premises. The whole area was cleaned and the plastic, dry leaves of trees, the thrown away bottles were collected and were disposed of in the garbage bins provided by Ashokvan administration. The Swacchata Abhiyan was followed by a recess till 11.30 a.m.

A guest lecture on the topic 'Body Donation, Organ Donation, Eye Donation and Skin Donation' was organised at 12.00 p.m. As it was the responsibility of Sindhutai Sapkal group, the leader of the group welcomed the guest speaker with the floral bouquet. The guest speaker, Dr. Sushil Meshram, Associate Professor and Head, Department of Marathi of the college shared his thoughts on the importance of Body and Organ Donation in one's life. He also emphasised on the importance of blood donation and skin donation which could save many lives of needy persons. Later on, Dr. Kavita Mate, Department of Sociology of the college also shared her thoughts on love and affection and talked about the significance of right partner in life. These sessions were followed by the lunch.

After the lunch break, once again Dr. Kavita Mate madam conducted a session with the volunteers where all the NSS volunteers participated in numbering and sports games. Ms. Ritika Somnathe, Ms. Kajal Bhondekar, Ms. Karishma Thakre, Ms. Pratiksha Kale, Ms. Aarti Thakre, Ms. Payal Kubade, Ms. Mansi Meshram, Ms. Pranali Kaurate, Ms. Payal Shivankar, Ms. Ankita Bawankar and Ms. Kanchan Kamble were adjudged as winners in sports and games. This session ended at 8.30 p.m.

After this session, the volunteers relished on delicious food and proceeded for rest.





Meditation session



Volunteers during swacchata abhiyan





Dr. Sushil Meshram sharing his thoughts on Body and Organ donation



Dr. Kavita Mate interacting with the volunteers





Lunch session



Volunteers during self-defence session



## 07th February, 2024: (Day 4): Meditation Session, Campus Beautification Drive, Laughter Therapy session, Debate Competition on 'Role of Women in Sports and Games, Interaction with Old age people at Ashokvan and Sports and Games

The fourth day of National Service Camp at Ashokvan began with the meditation session at 6.30 a.m. After the meditation session, the roll call was taken and the NSS song and National Anthem was recited. This session was followed by the breakfast and tea. After tea break, the NSS volunteers cleaned the premises and collected the garbage littered around. The NSS team and the volunteers participated in premises cleanliness drive. The premises near Ashokvan were cleaned. The trees in the premises were painted with lime and red ochre. The NSS volunteers took part in tree beautification programme with zeal and passion.

In the afternoon session, a guest lecture on 'Laughter Therapy' was organised. This day, Ahilyabai Holkar team was shouldered upon the responsibility to felicitate guest speaker, to compare the programme. The team leader of Ahilyabai Holkar welcomed todays' guest speaker Dr. (Mrs.) Aparna Dhoble, Head, Department of Home Science Extension Education of the college. In her guest address, Dr. Dhoble madam talked about the importance of laughter in our life. She urged all the participants to maintain a balance between sorrows and happiness. This guest lecture was followed by the lunch. After the lunch, volunteers headed towards their accommodation halls for rest.

In the evening session, a Debate Competition on 'Role of Women in Sports and Games' was organised at 4.00 p.m. Many volunteers expressed their views in favour and against of the topic. Ms. Manjiri Bawaskar was adjudged as the winner of this debate competition and Ms. Aakanksha Barahate was declared as the second winner. After this debate competition, an interaction session with elderly people from Ashokvan was organised. They shared their thoughts with NSS volunteers about their life in Ashokvan. They shared their thoughts with the volunteers and the volunteers also talked with them. Dr. Raghoba Nagpure sir also interacted with these elderly people. Overall, this session turned thought provoking for the students where they would take lessons from their lives.

The interaction session with these elderly people was followed by games and sports sessions. This games and sports session was followed by dinner at 9.00 p.m. After the dinner,



the volunteers went to their accommodation place. Thus, the fourth day of NSS camp concluded.



Meditation session for mental wellbeing



Volunteers applying lime and red ochre



Mr. Sharad Bakhade, NSS team member during tree decoration



Dr. Aparna Dhoble madam during her session on Laughter Therapy





Ms. Manjiri Bawaskar sharing her thoughts during debate competition



Debate competition in the vicinity of Nature





Dr. Sopandeo Pise, Director, NSS RTMNU addressing the volunteers



Ms. Ritika Somnathe expressing her thoughts in debate competition



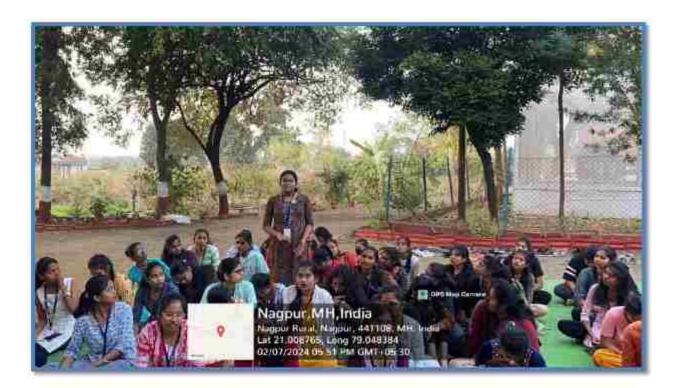


The inmates at Ashokvan in conversation with the volunteers



Ms. Nikita Shahu during the question hour with elderly people at Ashokvan





Volunteers during question answers session with elderly people at Ashokvan



NSS volunteers enjoying dinner in the vicinity of Nature



# 08<sup>th</sup> February, 2024: (Day 5): Cross country and workout, Guest Lecture on POCSO and POSH by Sakshi Foundation, Guest Lecture on Environment and Sustainable Development, Interaction with Dr. Prakash Amte and Dr. Mandakini Amte, Cultural Activities

The fifth day of NSS special camp on 08<sup>th</sup> February, 2024 started with cross country event. All the NSS team members and the NSS volunteers gathered in front of seminar hall at 7.30 a.m. Mr. Sharad Bakhade sir conducted a warm session and all the team moved towards nearby jungle. The atmosphere was pleasant and the volunteers enjoyed the company of the Nature around them. While moving ahead, Mr. Bakhade sir also passed on information about various plants and flowers. While coming back to the camp site the volunteers also spotted a herd of spotted dears. The students were overwhelmed with this enigmatic form of nature. The team reached Ashokvan at 8.30 a.m. Mr. Sharad Bakhade sir along with some sports enthusiasts conducted various aerobic activities. Ms. Ritika Somnathe and Ms. Kajal Bhondekar conducted this session where they taught various aerobic activities. The NSS volunteers were full of zeal and happiness to perform these activities. After this session, the volunteers enjoyed breakfast and tea.

The National Service Scheme organises guest lectures for the awareness of the students and the volunteers. The guest lecture on 'POCSO and POSH' was organised to spread awareness about stopping child sexual abuse. Dr. Ramya Nisal, Sakshi Foundation under Rakshin Project under Ministry of Youth Affairs, NSS Directorate, New Delhi was the guest speaker on this occasion. Prof. Rajesh Gadewar, Department of Household Biology, Home Science faculty of the college was the chairman of this session. The Rakshin Project is a youth led movement across India to stop child sexual abuse. It aims to address denial, stigma, shame and silence associated with gender based violence with a focus on preventing child sexual abuse. The Rakshins work to create constitutional rights based environment for a culture of accountability, a step towards a sustainable India. Sakshi is a capacity building organisation with equality as its founding principle. It strives to make equality a reality for vulnerable groups by empowering youth, women, children and marginalised groups with a focus on diversity and inclusiveness, gender and sexual rights, peaceful co-existence and relationships. Dr. Ramya Nisal madam's session on fight against child sexual abuse was an eye opening session. She also conducted an interactive session with activity based participation on the part of volunteers. The volunteers also participated in this activity with



equal zeal and passion. Dr. Ramya Nisal madam also shared a google form for feedback and sought students' replies. The students filled this feedback cum brain activity form. The programme was compared by Ms. Ritika Somnathe and Ms. Karishma Thakre proposed vote of thanks. This session was followed by the lunch with guests. After the lunch, the team headed toward their accommodation halls. The next session began with another guest lecture on 'Environment and Sustainable Development' at 4.00 p.m. Prof. Rajesh Gadewar, Department of Household Biology. Home Science faculty of the college was the guest speaker for this session. Dr. Gadewar sir exclaimed about the importance of environment around us and how the Nature in its bounty creates a living environment for human beings. He also talked about how the human beings are causing harm to the environment and leading the world to its utter doom. He cautioned the students to apply eco-friendly measures to sustain the eco system around us for overall well-being.

The NSS team was very fortunate to have an interaction with Dr. Praksah Aamte and Mrs. Mandakini Aamte who devoted their entire life for the recovery of leprosy patients and their rehabilitation. The NSS team members and the volunteers were very happy to have a discussion with them. Dr. Prakash Aamte sir enquired the students about Maharogi Seva Samiti and discussed about their aims in life. The volunteers were very anxious to ask them questions which they replied happily.

After this interaction with the dignitaries, the volunteers enjoyed tea and the paraphernalia moved towards cultural hall. The solo song competition was organised where many volunteers participated in it. Many of them also recited poem. The solo song singing session was followed by solo dance competition in which the volunteers participated enthusiastically. They enjoyed the moment. Ms. Saloni Savvalakhe stood first in this competition. Later on, group dance session was held and all of the volunteers participated in it. This session lasted till 8.30 p.m. After this session, the students got fresh and enjoyed dinner at 9.00 p.m. After the dinner, roll call was taken and the volunteers went to their respective accommodation halls. Thus, the fifth day of this residential camp ended with happy and fruitful note.





Mr. S.T. Bakhade sir leading the team for cross country session



Interaction with volunteers





Warm up and exercise session in the campus

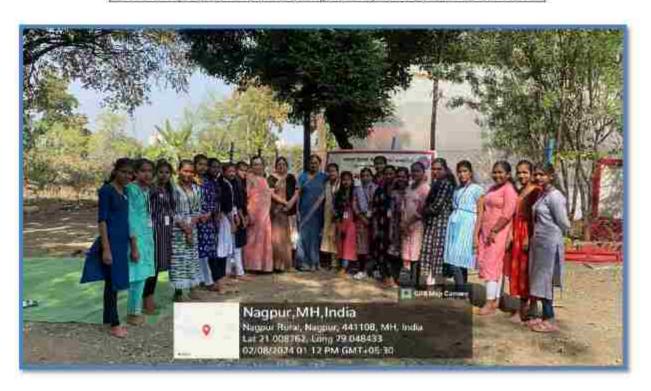


Ms. Snehal Shende felicitating Dr. Ramya Nisal madam





Dr. Ramya Nisal madam during activity session with volunteers



Dr. Ramya Nisal Madam along with NSS team





Dr. Rajesh Gadewar sharing his thoughts with the volunteers



NSS team along with Dr. Prakash Aamte and Dr. Mandakini Amte





NSS team along with Dr. Prakash Amte and Dr. Mandakini Amte



NSS volunteer during Solo Singing Competition





Dance performances by the volunteers



Dance fervour on musical beats



#### 09th February, 2024: (Day 6): Cross Country Activity, Guest Lecture on Best from Kithcen Waste, Guest Lecture on Life Skills, Cultural Programme

The sixth day of National Service Special Camp at Ashokvan started with cross country event. The NSS team members and the volunteers gathered in front of seminar hall at 7.00 a.m. and it was decided to visit the temple at Rui village. The temple was around 2 kilometres away from Ashokvan. All the NSS volunteers walked through the jungle and reached the place 8 a.m. The area around Vitthal Rukmini temple was scenic as it was surrounded with trees. Mr. Sharad Bakhade sir conducted warm up and exercise session in this premises. Ms. Ritika Somnathe and Ms. Kajal Bhondekar also conducted the exercise session. The NSS team reached Ashokvan at 9.00 a.m. and the volunteers took breakfast and tea. Then, the volunteers moved towards their accommodation halls for their daily chores.

The Volunteers gathered at seminar hall at 11.30 a.m. Today, the Tarabai Shinde group had the responsibility for conducting the guest lectures and looking after the arrangements for intellectual discourse. In this regard, a guest lecture cum workshop on 'Compost Preparation from Kitchen and Garden Waste' by G.V.M.B. Group, Nagpur was organised. Dr. (Mrs.) Pratiksha Morey, member, G.V.M.B., Nagpur demonstrated various experiments. She demonstrated about how to prepare compost manure from kitchen and garden waste. She provided valuable information about a judicious management of handling kitchen waste and converting it into something useful. Ms. Harshita Shinde compared this session. This guest lecture was followed by lunch. After lunch session, the volunteers moved towards their accommodation halls for rest.

The evening session started with a guest lecture at 4.00 p.m. Dr. Shubada Mandaogade, Head, Department of Music of the college provided an in-depth information about the importance of music in one's life. She also provided important about various ragas in music and their importance in life. She advocated for an importance of music in life because music acts as a panacea for anxieties and stress in this modern and hectic world. After this lecture, Dr. Patil madam, Associate Professor, Department of Chemistry of the college also talked the importance of being active and motivated in life. Ms. Chhaya Rahangdale, proposed vote of thanks:

This guest lecture session was followed by tea. After tea, the NSS team moved towards cultural hall. Many of volunteers participated in singing competition and dace



competition. This session ended at 8.30 p.m. with the national anthem. After this session, the NSS team and volunteers had dinner and moved towards their accommodation halls. Thus, the activities of the day concluded with happy note.

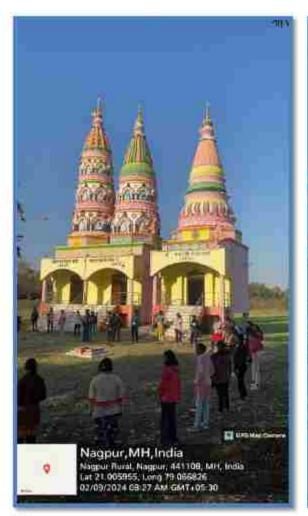


Ms. Ritika Somnathe and Kajal Bhondekar conducting exercise session



Volunteers enjoying morning exercise session







Physical fitness with spirituality



NSS team at Rui village





Dr. Pratiksha More madam during her guest lecture



Guest lecture on 'Use of kitchen waste into useful manure'



## 10<sup>th</sup> February, 2024: (Day 7): Cross Country Event and Valedictory Function

The seventh and the last day of National Service Camp started with the cross country event where all NSS team performed morning warm-up session and exercise. Then, the whole unit visited nearby educational institutions. This session ended with university song and national anthem at 8.30 a.m. After this excursion, the volunteers enjoyed breakfast and tea.

The NSS team and the NSS volunteers started preparations for the valedictory session of seven days NSS special residential camp. This included cleaning of campus, swacchata campaign and floral and rangoli decoration of cultural hall.

The valedictory program of this seven days NSS camp was held at 12.30 p.m. Prof. Pravin Charde, Hon'ble Principal, Sevadal Mahila Mahavidyalaya, Nagpur was the chairperson of valedictory programme. The Chief Guest of this valedictory function was Hon'ble Dr. Sopandeo Pise, Director, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur Mr. Purushottam Gajbhiye, Programme Officer, National Service Scheme Unit of the college, NSS team members and the NSS volunteers were present on this occasion.

Mr. Purushottam Gajbhiye, National Service Scheme Programme officer read out the report of activities carried out during the seven days NSS special camp. Hon'ble principal sir expressed his views on the organisation of the camp and congratulated the NSS team for successful organisation of the camp. The dignitaries also expressed their views on this occasion. The volunteers elaborated the experiences and the activities done in the camp. Throughout this residential camp, many activities were carried out and many competitions were also held in which the volunteers were enthusiastic with participation. On this basis, the best five volunteers were selected from selected five groups and were awarded with trophies.

Ms. Manjiri Bawaskar compared and proposed vote of thanks. The program ended with the national anthem. The valedictory function was followed by lunch. The volunteers enjoyed seven days journey with their friends and participated in all the activities carried out in this camp.



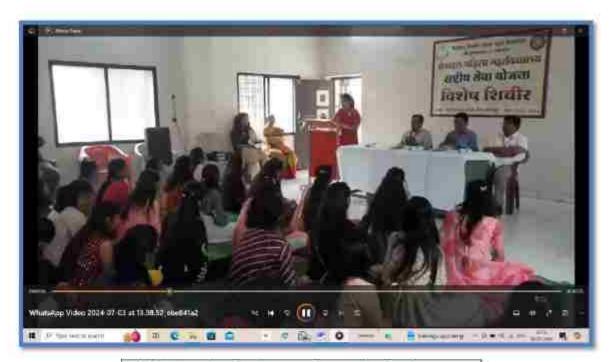


Dignitaries paying tribute to portraits of social reformers



Ms. Manjiri Bawaskar comparing the valedictory function





Volunteer sharing her experiences during the camp



Prize distribution ceremony of the camp



#### Conclusion:

The National Service Scheme unit of the college is thankful to the principal of the college, Prof. Pravin Charde who extended his guidance and support time and again to the special camp of National Service Scheme. The NSS unit of the college is also very thankful to Hon'ble Shri, Sanjayji Shende, President, Sevadal Mahila Mahavidyalaya, Nagpur for constant help and support during the entire span of this camp. The NSS team is also very thankful to Dr. Sopandeo Pise, Hon'ble Director, National Service Scheme, Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur for his guidance and help. The National Service Scheme unit of the college is very thankful to Maharogi Seva Samiti, Warora Dist. Chandrapur for giving us opportunity to organise this residential camp at Ashokvan, Wardha Road, Nagpur. The National Service Scheme unit of the college is also very thankful to Dr. (Mrs.) Nirupama S. Dhoble, Officiating Principal, Sevadal Mahila Mahavidyalaya, Nagpur for her timely support and assistance in this journey for service to humanity. We are also thankful to Shri. Vijay Patil, Warden, Ashokvan Project, Nagpur for his timely support and assistance in handling all the issues arising during camp duration. The thanks are also due to all the In-charge of faculties and the teaching staff members who were assigned with the task of conducting all the activities during their allotted time. Program Officer Mr. P. M. Gajbhiye, Dr. (Mrs.) S. S. Mandaogade, Mrs. J. D. Kamble and Mr. S. T. Bakhade worked hard for the success of the camp.

At last but not the least, the wholehearted efforts of NSS volunteers of the college can't be unnoticed. The NSS volunteers participated in every activity undertaken during this camp and contributed to grand success of this seven days special residential camp.

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(Dr. (Mrs. N. S. Dhoble) Officiating Principal Sevadal Mahila Mahavidyalaya Nagpur



#### REPORT OF EXTENSION ACTIVITIES 2023-2024

(Donation to Orphanage)

Sevadal Mahila Mahavidyalaya and Research Academy carried out the extension activity from the academic session 2005-2006. The Department of Home Science Extension Education (Home Science Faculty) of this institution has been performing this activity of donation of essential materials and goods to orphanage since from 19 years. The particular items as per the requirements of their daily needs has been donated to VARADAAN institute. VARADAAN, the Vidarbha chapter of Indian Association for promotion of adoption (IAPA), Mumbai was established in Nagpur in 1990. This year there were 05 boys and 03 girls in the institute.

The main aim of our extension activity is to help the orphan children. In this academic session, the money was collected from all the staff of college as per requirement for orphanage institute VARADAAN. The total money received is Rs. 4300. The specific items were donated to institute like Mac and Tosh rubber- 05 meter, Sugar- 02 kg., Oil- 02 packets, Rin soap- 12, Handwash- 02 packets, Goodknight-02, Rin powder- 03 kg., Surf soap-04. The total expenditure of this items were Rs. 1999 only. Each and every year the remaining money has been returned to office. The convener of this activity is Dr. Mrs. A S. Dhoble.



Convener

Dr. Mrs. A. S. Dhoble Sevadal Mahila Mahavidyalaya,

Nagpur

Off, Principal
Sevedal Mahila Mahavidyalaya
Nagpur,

Marwite Marwit

#### 17th Year Report of the Project

On

"Sewing and Embroidery Training Centre"
(For Village Women's)

At

Narsala Grampanchayat, District - Nagpur

\*Run By\*

### Department of Textile and Clothing

(Home Science Faculty)



#### Sevadal Mahila Mahavidyalaya

NAAC ReAccredited with 'A' Grade
Science, Home Science, Arts, P.G.T.D. of Environment Science, Zoology &
Chemistry
Sakkardara Chowk, Umrer Road, Nagpur.

Academic Session: 2023 - 20

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### Report of Sewing and Embroidery Training Centre (For Village Women's) At Narsala Grampanchayat:

The Sewing and Embroidery Training Centre was started at Panchgaon in the year of 2005-06 with the help of Lion's club, Nagpur Legend and Panchgaon Grampanchayat. Dept. Of Textile and Clothing of Sevadal Mahila Mahavidyalaya, Nagpur, took initiative to train women of panchgaon village.

After Completion of Nine years the Sewing and Embroidery training Center of Pachgaon was shifted in Hostel premises of our college at Narsala, with the help of Lions Club Nagpur South & Lions Club Nagpur New Diamond from 2014-15 Session.

The main aim of this project is to develop self employment, self dependency in women by stitching and embroidery so that they can support their family financially to some extent.

So the college has started the sewing and embroidery course for their social and economical development and establishment training centre for poor and needy women in Narsala village. For this training centre was started under the able guidance of *Dr. Pravin Charde* Principal.

Dr.(Mrs.) N. A. Tiwade, Head, Department of Textile and Clothing and Dr.(Mrs.) H. A. Padole, was deputed to train the rural women.

For this center, Prospectus was prepared to introduce the knowledge about theory and practical to participants. The technical and curricular aid will be



provided by the Textile and Clothing Department, Home Science Faculty, Sevadal Mahila Mahavidyalaya, Nagpur.

In session 2023-24, the admission process was started on 15th December 2024. Ten students were admitted for the training in this center. The admission fees were charged Rs. 100 per student. The training was started from 1st January 2024, for the period of 3 Months. The class timing was from 12 noon to 3.00 p.m. every day.

Dr. Pravin Charde, Principal, Sevadal Mahila Mahavidyalaya, has provided full co-operation and allotted a room for the training center.

Mrs. Anita Bokade was appointed to train the student and she taught as per the prescribed syllabus. In this training student were taught the following garment.

- 1. Kurta 2. Salwar
- 3. Saree Blouse 4. A Line frock 5. Petticoat
- 6. Chudedar 7. Shirt

Beside the method of drafting, cutting, and stitching was also taught. knowledge of various types of stitches in embroidery was taught to students like

- 1. Lazy dazy stitch
- 2. Chain stitch
- 3. Stem stitch
- 4. Satin stitch
- 5. Button hole stitch
- 6. Bullion stitch
- 7. Herringbone stitch

At the end of the training, the feedback form has been obtained from the students for evaluation of the course. The women were satisfied after the completion of the course.

ahila Mahavidyalaya

After completion of three months course, Practical Examination was conducted and Certificate of training were distributed to them.

As the Convener of the Project, I would like to thank our Hon'ble Principal **Pro. Pravin Charde** for their active support.

(Prof. P. N. Charde)

Principal Sevadal Mahila Mv. Nagpur (Dr. Mrs. N.A. Tiwade)

Head Dept. of Textile & Clothing (Dr. Mrs. H.A.Padole)

Convener
Sewing & Embroidery
Training center
Narsala.

SEVADAL MAHILA MAHAVIDYALAYA, NAGPUR SEWING AND EMBROIDERY TRAINING CENTER, NARSALA



#### Admitted Student list Session: 2023-2024

Sr.No	Name of the Student	Signature
1	Ku. Bhavana Sudhakar Bhute	
2	Ku. Dharma Narendra Kongre	
3	Ku. Kanchan Mukundrao Dhage	
4	Ku. Kanchan Mukundrao Dhage	
5	Ku. Laxmi Vasanta Gurpude	
6	Ku. Mamata Santosh Ninave	
7.	Ku. Pushpa Virendra Shahu	
8	Ku. Sarita Ajay Manmode	
9	Ku. Sharda Pandurang Kodwate	
10	Ku. Shital Mohan Dhoke	



#### Session 2023-2024





