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Sevadal Mahila Mahavidyalaya

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BEST PRACTICE -I

1. Title of the Project: Organ Donation, Blood Donation, Human Values, and Professional Ethics

Best Practise –II

Title of the Practice: Sewing and Embroidery Training Centre (For Village Women's) At Narsala Gram Panchayat

Academic Session: 2023-2024

BEST PRACTICE -I

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2. Objectives of the Practice: The main objective of our extension activity is to create awareness among students and common people and masses at large about organ and body donation. The need for body donation (cadavers) is primarily felt by those involved in medical study and research. Common people do not have any particular need for a deceased body. Therefore, they dispose of the body as quickly as possible by cremation, burial, or by discharging it into a river.

On the contrary, medical practitioners and researchers have a pressing need for cadavers. However, due to ignorance, and lack of awareness, many people do not donate the bodies of their relatives and expect others to do so. Those who need it should make the effort to meet their own needs. We believe that they should be self-aware and enlightened.

In medical science, students, surgeons, and researchers need to understand the complex structure of the human body to perform successful surgeries on living people. They must also learn how to use advanced machinery properly. Bodies donated to medical colleges help in this education. Without body donations, a surgeon might make serious mistakes, and even during surgery, a patient could die. Therefore, it is crucial for students in medical fields to have enough cadavers to study. Unfortunately, due to ignorance and superstition, many people in our country do not donate bodies.

3. The context: Looking at the statistics, one can observe a significant gap between the need for organs and their availability. Without widespread awareness, it is impossible to bridge this gap. When organs such as the heart, kidneys, liver, or lungs fail, no medical treatment can help. The only option is organ transplantation. However, due to a lack of awareness in Indian society, the transplant movement has not gained much momentum. Despite being the second most populous country after China, the rate of organ donation in India is just 0.26% per 10 million people. According to experts in this field, "If just one person out of 2 million donates organs, it will help to clear the country's organ backlog. If two people donate, it would be enough to supply all South Asian countries."



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Organ Need vs. Availability

Sr.No.	Organ	Need	Availability
1	Kidneys	2 lakhs	4 thousand
2	Liver	30 thousand	1,500
3	Heart	50 thousand	100
4	Eyes	1.5 lakhs	25 thousand

A single body donation can provide up to 20-40 organs and tissues for transplantation. Compared to eye and kidney transplants, other organ transplants are minimum in India. Organs like eyes, kidneys, lungs, liver, pancreas, skin, veins, cartilage, and middle ear bones can be transplanted. Many patients can be saved from life-threatening conditions through organ donation, but due to extreme ignorance, mortality rate of the common people in the society has been increased. In 1949, the government passed a law on body donation. The 1976 amended law allows legal heirs of the deceased to donate the body to medical colleges for study purposes.

4. The practice: In order to raise the public awareness about donations in the society in our county we have framed the committee under the chairmanship of Dr. P. N. Charde, Prinicpal and Dr. Sushil Meshram, Convener along with following other team members :

Dr. P. N. Charde- Chairman

Dr. S. G. Meshram- Convener

Dr. S. S. Mandavgade- Member

Dr. K. V. Mate- Member

Mrs. J. B. Kamble- Member

We used to conduct awareness programs in schools, colleges, universities, government, non-government, and private offices, as well as in public spaces, to promote body, organ, and eye donation. Hence, we have restlessly started this awareness campaign in 2017, and we continue.

5. Evidence of Success:



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The prominent activity were organized and successfully carried out by the above committee members.

i) Guest Lecture on 'Buddhist Dharma and Organ/Body Donation' was delivered by Dr. Sushil Meshram. The committee President, Secretary, office bearers, and a large number of followers have attended and were benefited (On July 30, 2023).

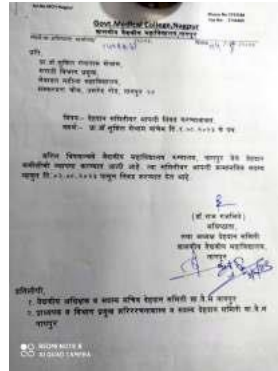


ii) Eye and Body Donation by Mrs. Dipadevi : Her both eyes were donated to the Madhav Lokpidi family, and the body was donated to Lata Mangeshkar Medical College (On August 1, 2023). The eye donation restored sight to two blind individuals, and the body donation provided invaluable assistance to the students and researchers at the medical college for the further studies.



iii) On August 15, 2015, Prof. Dr. Sushil Meshram and his entire family, ranging from his 2.5-year-old grandchild to his 74-year-old father, signed a pledge for "Posthumous Body Donation and Organ Donation in the Event of

Brain Death" at the Anatomy Department of Nagpur Medical College. Witnessing Dr. Meshram's dedication and sacrifice, Dr. Raj Gajbhiye, the Dean of Nagpur Medical College, appointed him as an honorary member of the college's body donation committee (August 4, 2023).



iv) Guest Lecture on "Body Donation is Dharma Donation" Dr. Sushil Meshram was invited to give a lecture at the Municipal Council hall in Kalamna, Umred Tehsil (September 1, 2023).



v) On September 18, 2023, at the Teacher Training Institute, Medical Chowk, Nagpur, Guest lecture by Dr. Sushil Meshram on "Organ Donation, Body Donation: Misconceptions and Realities." Dr. Meshram provided detailed information on how and when to donate the body, skin, and eyes, and addressed various questions raised by students and faculty. Many students pursuing the D.Ed. (Diploma in Education) program attended the session in a large numbers.



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vi) On September 28, 2023, at Seven Star Hospital in Nagpur, Mrs. Dharmveer Kaur passed away from a severe heart attack. The family contacted Dr. Sushil Meshram to enquire about body donation and the body was donated to Shalini Tai Meghe Medical College.



vii) On October 3, 2023, at Waroora, Chandrapur, 85-year-old, senior citizen Mr. Sadashiv Prindikar passed away due to old age. After his passing, Dr. Meshram explained the procedure to the family, and his eyes were donated to the Ophthalmology Department, while his body was donated to the Anatomy Department of Govt. Medical College, Nagpur.



viii) On October 15, 2023, Mrs. Kasubai Haribhau Lamsonge, aged 75, passed away due to a brief illness in Butibori Ward 5. After informing Dr.



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Sushil Meshram family donated her eyes to Mahatma Eye Bank and her body to Lata Mangeshkar Hospital. Dr. Meshram shared that this act would help to train around 15 doctors, who could be later perform successful surgeries on living patients.




xi) On October 23, 2023, renowned thinker P.S. Khobragade's sister, Manda Mandpe, aged 58, passed away due to a heart attack in Chandramani Nagar, Nagpur. Dr. Meshram facilitated the process of her eye donation, and her body donation to the medical college.



ix) On October 31, 2023, a person named Nilu Anna, originally from Tamil Nadu, passed away at the age of 70 due to memory loss. Following the donation process, Dr. Sushil Meshram helped to organize the donation of eyes to the Madhav Eye Bank and her body to Nagpur Medical College.

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x) . **On January 22, 2024**, Dr. Sushil Meshram was invited to deliver a lecture on "National Thoughts Behind Body Donation" at a National Service Scheme (NSS) camp of Nutan Adarsh College, Umred. He explained that donating our organs after death is true patriotism. In this way, he is successful in motivating students.



xi) . **On January 24, 2024**, Shakuntala Bai Raipure, age 81, passed away due to old age in Bajaj Nagar, Nagpur. With Dr. Meshram's guidance, Shakuntala Bai's eyes were donated to Madhav Eye Bank, and her body was donated to Datta Meghe Medical College.



xii) **On February 9, 2024**, during a book festival held at the Shaksiya Library in Gondia, Prof. Dr. Sushil Meshram shared that the books which

he had written, including "Body Donation–Organ Donation: Myths and Realities," "A Beautiful Gift After Death," and "Buddhism and Body Donation," aim to educate the public even after his death. These books will continue to promote awareness about body and organ donation, ensuring that the movement never stops.



xiii) On February 13, 2024, Dr. Sushil Meshram explained the significance of body donation, eye donation, organ donation, skin donation, and blood donation to the participants, students, faculty, and villagers at an NSS camp at Sant Gadgebaba College, Hingna, Nagpur.



xiv) On March 7, 2024, Tejarav Govindrava Dhone, a resident of Ambazari, Nagpur, passed away. His family, donated his eyes to the Government Eye Bank and his body to the Anatomy Department at Nagpur Medical College.



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xv) On March 15, 2024, Dr. Minakshi Kamble, the Director of Nagpur, organized the Nagpur Book Festival 2024 at Vanamati Hall, Nagpur. Guest lecture by Dr. Meshram explained his role as an activist in this movement. Many library directors purchased copies of his book for their libraries. The book, the first of its kind in our country is a modest attempt by the author, based on his 20 years of experience.



xvi) On April 14, 2024, on the occasion of Dr. Ambedkar Jayanti, the Scheduled Caste and Buddhist Pensioners Association published Dr. Sushil Meshram's book "Buddhism and Body Donation." The book received a tremendous response from writers, thinkers, poets, engineers, doctors, and ordinary citizens across various districts of Maharashtra. The pain taking efforts of author in assembling the recent information and data through excellent computer work are highly appreciable. In all 935 copies have been sold to till date.



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xviii) On May 24, 2024, on the occasion of Buddha Jayanti, a lecture and pledge ceremony on body and organ donation was held at the Samyak Sankalp Sangh in Narendra Nagar, Nagpur. Dr. Arun Kasote, head of the Anatomy Department at Nagpur Medical College, presided over the event. After the lecture and the presidential address, 52 members of the Sangh filled out the pledge forms for "Posthumous Body Donation and Organ Donation in the Event of Brain Death," which were submitted to Prof. Dr. Sushil Meshram and Dr. Arun Kasote. Dr. Meshram emphasized that the movement for body and organ donation is a continuous one, and it requires people to take initiative. He expressed hope that the medical community's will accelerate the movement.



In his long service of more than 20 years, Dr. Sushil is known for his dedicated and selfless services. Dr. Sushil has been decorated college's highest honour bestow upon by the President Mr. Sanjay Shende for his outstanding work and disciplined 'Medal' for his distinguished services from time to time.

6. Problems encountered and resources required: Constrains arises due to a lack of awareness in Indian society about the organ donation. The organ donation movement has not gained much momentum. Despite being the second

most populous country after China, the rate of organ donation in India is just 0.26% per 10 million people. According to experts in this field, "If just one person out of 2 million donates organs, it will help to clear the country's organ backlog. Therefore, this best practice was undertaken in which we encourage people to be organ donors after death. We talk to the family about decision to donate and save lives. We also raise awareness among the students, their parents and masses through guest lectures. Share story and information about organ donation with family, friends, and colleagues. Students are encouraged to spread the word on social media. Educate ourselves as much as we can about organ donation and transplantation. People from ethnic minority groups are more likely to need organ transplants because they are more likely to have certain illnesses that affect the heart, kidneys, lungs, pancreas, and liver. To convince them it becomes a much difficult task. Therefore, more resources in terms of manpower is required to achieve the much awaited change of the mind set of the people towards organ donation. Promoting donation by motivating people at work place, in your community, at your place of worship, and in your civic organizations. These are challenges and resources needed for the practice of organ donation.

6. **Notes (Optional):** Detailed report and more insight on the Best Practice No. I 'Organ Donation, Blood Donation, Human Values, and Professional Ethics' is presented as a web link in the following section of Metric No 7.2.1



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Best Practise –II

Title of the Practice: Sewing and Embroidery Training Centre (For Village Women's) At Narsala Gram Panchayat

Academic Session: 2023-2024

***Report of Sewing and Embroidery Training Centre
(For Village Women's) At Narsala Grampanchayat :***

The Sewing and Embroidery Training Centre was started at Panchgaon in the year of 2005-06 with the help of Lion's club, Nagpur Legend and Panchgaon Grampanchayat. Dept. Of Textile and Clothing of Sevadal Mahila Mahavidyalaya, Nagpur, took initiative to train women of panchgaon village.

After Completion of **Nine** years the Sewing and Embroidery training Center of **Pachgaon** was shifted in Hostel premises of our college at **Narsala**, with the help of **Lions Club Nagpur South & Lions Club Nagpur New Diamond** from 2014-15 Session.

The main aim of this project is to develop self employment, self dependency in women by stitching and embroidery so that they can support their family financially to some extent.

So the college has started the sewing and embroidery course for their social and economical development and establishment training centre for poor and needy women in Narsala village. For this training centre was started under the able guidance of **Dr. Pravin Charde** Principal.

Dr.(Mrs.) N. A. Tiwade, Head, Department of Textile and Clothing and **Dr.(Mrs.) H. A. Padole**, was deputed to train the rural women.

For this center, Prospectus was prepared to introduce the knowledge about theory and practical to participants. The technical and curricular aid will be



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provided by the Textile and Clothing Department, Home Science Faculty, Sevadal Mahila Mahavidyalaya, Nagpur.

In session 2023-24, the admission process was started on 15th December 2024. Ten students were admitted for the training in this center. The admission fees were charged Rs. 100 per student. The training was started from 1st January 2024, for the period of 3 Months. The class timing was from 12 noon to 3.00 p.m. every day.

Dr. Pravin Charde, Principal, Sevadal Mahila Mahavidyalaya, has provided full co-operation and allotted a room for the training center.

Mrs. Anita Bokade was appointed to train the student and she taught as per the prescribed syllabus. In this training student were taught the following garment.

1. Kurta
2. Salwar
3. Saree Blouse
4. A Line frock
5. Petticoat
6. Chudedar
7. Shirt

Beside the method of drafting, cutting, and stitching was also taught. knowledge of various types of stitches in embroidery was taught to students like

1. Lazy dazy stitch
2. Chain stitch
3. Stem stitch
4. Satin stitch
5. Button hole stitch
6. Bullion stitch
7. Herringbone stitch

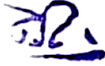
At the end of the training, the feedback form has been obtained from the students for evaluation of the course. The women were satisfied after the completion of the course.



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After completion of three months course, Practical Examination was conducted and Certificate of training were distributed to them.

As the Convener of the Project, I would like to thank our Hon'ble Principal *Pro. Pravin Charde* for their active support.



(Prof. P. N. Charde)

Principal
Sevadal Mahila Mv.
Nagpur



(Dr. Mrs. N.A. Tiwade)

Head
Dept. of Textile & Clothing



(Dr. Mrs. H.A. Padole)

Convener
Sewing & Embroidery
Training center
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SEVADAL MAHILA MAHAVIDYALAYA, NAGPUR
SEWING AND EMBROIDERY TRAINING CENTER, NARSALA

Admitted Student list Session : 2023-2024

Sr.No	Name of the Student	Signature
1	Ku. Bhavana Sudhakar Bhute	
2	Ku. Dharma Narendra Kongre	
3	Ku. Kanchan Mukundrao Dhage	
4	Ku. Kanchan Mukundrao Dhage	
5	Ku. Laxmi Vasanta Gulpude	
6	Ku. Mamata Santosh Ninave	
7	Ku. Pushpa Virendra Shahu	
8	Ku. Sarita Ajay Manmode	
9	Ku. Sharda Pandurang Kodwate	
10	Ku. Shital Mohan Dhoke	

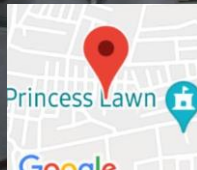


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