



Sevadal Education Society's

NAAC RE-ACCREDITED WITH 'A' GRADE

SEVADAL MAHILA MAHAVIDYALAYA

Place for Higher Learning & Research (Research Academy)

Sakkardara Square, Umrer Road, Nagpur-440024

<http://sevadalmahilamahavidyalaya.ac.in>

REPORT OF WORKSHOP ON FOOD PRESERVATION

2017 - 2018



ORGANIZED BY

Faculty of Home Science

Department of Food and Nutrition

Principal

Sevadal Mahila Mahavidyalaya
Umrer Road, Nagpur-9.



Sevadal Mahila Mahavidyalaya and Research Academy, a renowned educational Institute was established in 1992, under the Founder President Shri Kesharaoji Shende with the noble mission of imparting education to girl students. Education to women can change not only their lives but also of their entire family is a well-known proverb and the said cause is a mission of the Institution. Presently, institution is marching ahead under the dynamic leadership of our President Hon'ble Shri Sanjayji Shende, by his administrative prowess and radical methods, spearheaded the institution to its glorious achievements. At present, the college has been re-accredited by NAAC, Bangalore with 'A' Grade. The college offers various programmes in the faculties of Science, Home Science and Social Science at Undergraduate and Post-graduate level. The college offers Doctoral research programmes in subjects Environmental Science, Zoology, Chemistry and Microbiology.

INTRODUCTION

Millions of fruits and vegetables are produced each year and they are lost due to poor processing and preservation. Fresh fruits are abundant during the season and are not available during the off season. Due to this the food has to be stored until the next season. Hence all fresh foods have to be preserved if it is to be used after a period of time. Food production and supply does not always tally with the demand or needs of the people. In some places, there is surplus production of food product, whereas in some other place there is inadequate supply. It is therefore important to improve and expand facilities for storage and preservation of food to ensure its availability and acceptability at all times. The Department of Food and Nutrition of the college had organized a workshop on Food Preservation for the students of B.Sc. (Home Science) Semester IV from 29/01/18 to 2/02/2018.

AIMS AND OBJECTIVES

1. To teach the students the basics of food preservation.
2. To impart knowledge about the science and techniques of fruit and vegetable preservation.
3. To equip the students with skills required for preservation of ketchup, squash, jam, sauce and chutney.

INAUGURAL FUNCTION

The college organized a five-day workshop on "Food Preservation" from 29th January 2018 to 2nd February 2018 under the Department of Food and Nutrition. On the onset of inaugural




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function Dr. Mrs. Meghali M. Joharapurkar welcomed the guests and students and foregrounded the theme of the workshop.

The guests of the inaugural function, Mrs. Anjali Singh and Mr. Niranjana Choudhari, Demonstration Officers, from Ministry of Women and Child Development, Government of India, Community Food and Nutrition Education Unit, Nagpur presided over the function. Dr. Joharapurkar delivered the introductory address and then the demonstrator officer Mrs. Singh addressed the students of the workshop. She highlighted the need of food preservation in today's food supply chain and stressed upon the reduction of food wastage through different preservation methods.

WORKSHOP SESSION

Sixty-two students from B.Sc. (Home Science) Semester IV participated in the workshop. Mrs. Anjali Singh threw light on basic purpose of fruit and vegetable preservation and elaborated on the particulars of preservation and preparation of recipes of jams, jellies, pickles, sauces, ketchups, chutneys and candies. She explained some of the methods which are usually adopted for preserving food and vegetables like dehydration, preservation with salt, sugar, vinegar and chemical preservatives.

After giving elaborative information on the subject, she gave some basic instructions regarding the conduct and hygiene during the workshop to the students. After this the pre-preparations for the different demonstration were carried out by the students under the guidance of Mr. Choudhari.

For all demonstrations a theoretical session was conducted where the ingredients and method of recipes were discussed. Then the recipes of jams, jellies, pickles, sauces, chutneys and candies were demonstrated. Mrs. Singh also explained the students about the plate test of jams and jellies during the demonstration.

VALEDICTORY FUNCTION

The guest of the function Mrs. Singh and Mr. Choudhari were the guests of the valedictory function. Dr. Mrs. Meghali M. Joharapurkar welcomed the guests with saplings. Mr. Choudhari exclaimed that the workshop is of immense importance, as students get acquainted with hands on training and skills required for preparation of jams, jellies, pickles, sauces, chutneys and candies. As a mark of participating in workshop the students were given




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certificates for successfully attending and taking part in the workshop. On behalf of Collège and Department Dr. M. Johrapurkar proposed a vote of thanks.



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Sakkaradara Square, Umrer Road, Nagpur

LIST OF PARTICIPANTS

Sr. No.	Name of Participants	Name of the College
1	Ku. Aishwarya Shivkumar Mandhare	Sevadal Mahila Mahavidyalaya
2	Ku. Ansari Nafela Gulrakh Sajid Parvej	Sevadal Mahila Mahavidyalaya
3	Ku. Archana Devidas Raut	Sevadal Mahila Mahavidyalaya
4	Ku. Baig Nausheen Tabassum Riyaz	Sevadal Mahila Mahavidyalaya
5	Ku. Bushra Anam Ansari Mohd Saleem Ansari	Sevadal Mahila Mahavidyalaya
6	Ku. Deepa Dayaram Motghare	Sevadal Mahila Mahavidyalaya
7	Ku. Divya Dilip Nagrale	Sevadal Mahila Mahavidyalaya
8	Ku. Humera Parveen Mohammad Rafique	Sevadal Mahila Mahavidyalaya
9	Ku. Kajal Ashok Bandewar	Sevadal Mahila Mahavidyalaya
10	Ku. Komal Ankush Dange	Sevadal Mahila Mahavidyalaya
11	Ku. Krushna Mahesh Rathi	Sevadal Mahila Mahavidyalaya
12	Ku. Krutika Pradeep Nanotkar	Sevadal Mahila Mahavidyalaya
13	Ku. Payal Rajeshrao Harde	Sevadal Mahila Mahavidyalaya
14	Ku. Laxmi Arun Gawande	Sevadal Mahila Mahavidyalaya
15	Ku. Manjusha Dhanraj Buradkar	Sevadal Mahila Mahavidyalaya
16	Ku. Megha Govind Meshram	Sevadal Mahila Mahavidyalaya




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17	Ku. Minal Anandrao Kuhikar	Sevadal Mahila Mahavidyalaya
18	Ku. Mona Ramesh Ingale	Sevadal Mahila Mahavidyalaya
19	Ku. Natasha Rameshwar Tikle	Sevadal Mahila Mahavidyalaya
20	Ku. Neha Amit Patil	Sevadal Mahila Mahavidyalaya
21	Ku. Neha Shankar Sahu	Sevadal Mahila Mahavidyalaya
22	Ku. Nidhi Prakash Sukhadeve	Sevadal Mahila Mahavidyalaya
23	Ku. Niharika Prabhakar Shinde	Sevadal Mahila Mahavidyalaya
24	Ku. Nikita Mitaram Awarkar	Sevadal Mahila Mahavidyalaya
25	Ku. Nikita Rajesh Shingare	Sevadal Mahila Mahavidyalaya
26	Ku. Nikita Subhash Harde	Sevadal Mahila Mahavidyalaya
27	Ku. Nupur Nandkishor Lokhande	Sevadal Mahila Mahavidyalaya
28	Ku. Pallavi Avilrao Nimbalkar	Sevadal Mahila Mahavidyalaya
29	Ku. Pallavi Rustam Bhojar	Sevadal Mahila Mahavidyalaya
30	Ku. Payal Pramod Gadkari	Sevadal Mahila Mahavidyalaya
31	Ku. Payal Shikharchand Soneshwar	Sevadal Mahila Mahavidyalaya
32	Ku. Pooja Sopan Dhamdhare	Sevadal Mahila Mahavidyalaya
33	Ku. Pragati Natthuji Hatwar	Sevadal Mahila Mahavidyalaya
34	Ku. Priyanka Ganesh Jamodkar	Sevadal Mahila Mahavidyalaya
35	Ku. Priyanka Pravir Nandi	Sevadal Mahila Mahavidyalaya
36	Ku. Pushpa Krishnaroa Bhoware	Sevadal Mahila Mahavidyalaya
37	Ku. Radhika Maroti Wagh	Sevadal Mahila Mahavidyalaya
38	Ku. Ravina Ganesh Meshram	Sevadal Mahila Mahavidyalaya



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39	Ku. Ruhi Munishwar Shende	Sevadal Mahila Mahavidyalaya
40	Ku. Ruhali Vitthalrao Jikar	Sevadal Mahila Mahavidyalaya
41	Ku. Rupa Nagoji Bagade	Sevadal Mahila Mahavidyalaya
42	Ku. Rupali Arun Lahore	Sevadal Mahila Mahavidyalaya
43	Ku. Rupali Moreshwar Kalaskar	Sevadal Mahila Mahavidyalaya
44	Ku. Sahili Vasanttrao Raut	Sevadal Mahila Mahavidyalaya
45	Ku. Sana Kausar Mohammad Ashraf	Sevadal Mahila Mahavidyalaya
46	Ku. Sharda Muniraj Sahare	Sevadal Mahila Mahavidyalaya
47	Ku. Shrutika Rajesh Lakhe	Sevadal Mahila Mahavidyalaya
48	Ku. Shubhangi Jivanraoji Dhoble	Sevadal Mahila Mahavidyalaya
49	Ku. Shweta Dayaram Motghare	Sevadal Mahila Mahavidyalaya
50	Ku. Snehal Kawdu Bagane	Sevadal Mahila Mahavidyalaya
51	Ku. Sonu Ashok Dhuldhule	Sevadal Mahila Mahavidyalaya
52	Ku. Sonu Tulshiram Meshram	Sevadal Mahila Mahavidyalaya
53	Ku. Sweta Dayaram Sawarbandhe	Sevadal Mahila Mahavidyalaya
54	Ku. Tanvi Ramanuja Soma	Sevadal Mahila Mahavidyalaya
55	Ku. Tanzil Fatima Abdul Razzak	Sevadal Mahila Mahavidyalaya
56	Ku. Tejaswini Lavkush Harde	Sevadal Mahila Mahavidyalaya
57	Ku. Tejaswini Sanjay Bhagat	Sevadal Mahila Mahavidyalaya
58	Ku. Urvashi Shekhar Waghmare	Sevadal Mahila Mahavidyalaya
59	Ku. Utkarsha Bhojraj Hajare	Sevadal Mahila Mahavidyalaya
60	Ku. Vaibhavi Bharatrao Shrawankar	Sevadal Mahila Mahavidyalaya



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61	Ku. Vaishnavi Gulab Rakhade	Sevadal Mahila Mahavidyalaya
62	Ku. Vaishnavi Jitendra Bawane	Sevadal Mahila Mahavidyalaya

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