#### NAAC RE-ACCREDITED WITH 'A' GRADE

# Sevadal Mahila Mahavidyalaya

Sakkardara Square, Umrer Road, Nagpur- 440 024

## **Best Practices of the Institution**

#### **Best Practice No.1**

- 1) Title of Practice: "Sewing and Embroidery Training Centre for Rural Women of Narsala Grampanchayat, District Nagpur.
- 2) Goal: To educate and train rural girls specifically college students and women to develop self-employment and self-dependency. Objective of this project is to orient rural girl students about fabrics and practical knowledge of sewing and embroidery.

## 3) Concept of the practice:

The College has planned to run this practice for economical development of poor women and girls. This practice specifically aims at the empowerment of rural women. Women in the rural areas face lot of financial problems. They are dependent on other people in the family for their development.

The syllabus of this course helps to train the women in tailoring and embroidery techniques. The activities are entry activities to achieve the higher goals of social mobilization of women and women empowerment. Tailoring and embroidery has the keen interest of women as tailoring is booming business in India (at industrial level and particularly in garment industries).

The primary object is to enable women to earn some income from tailoring activities. The secondary object is to establish social forums where women can freely discuss their issues and problems and also enhance other skills to improve their livelihood.

## 4) The Practice (With example of session 2018-2019):

Dr. Mrs. N. A. Tiwade, Head, Department of Textile and Clothing and Dr. (Mrs.) H. A. Padole, Assistant Professor, Department of Textile and Clothing looked after the centre. These faculty members have drafted the theory and practical curriculum for participants. Total 22 students were admitted during 2018-2019 for the course. Rs.100/- per student was charged as fee. The training was started from 01/09/

2018 for a period of three months from 12.00 noon to 03.00 pm. daily. Dr. Pravin Charde, Principal of Sevadal Mahila Mahavidyalaya, has provided full co-operation and allotted a room for training centre on hostel premises of the college at Narsala. Mrs. Sangeeta Gadekar was appointed to train the students and she taught as per prescribe syllabus. During this training the making of different types of garments like kurta, salwar, saree blouse, a line frock, petticoat, chudedar ,shirt, nappy, etc. were taught at the centre. After completion of three month course, practical examination was conducted and certificates were distributed to the participants.

The NGOs "Lions Club of Nagpur South and Lions Club Nagpur New Diamond" have supported this practice.

#### 5) Evidence of Success:

The trained women are able to increase their income with the help of this practice. Some of the women have taken loans from local banks and purchased their own sewing machine. By observing the success of this practice, Prof. Dr. Pravin Charde, Principal of Sevadal Mahila Mahavidyalaya, has decided to continue the practice with some changes adopted in the syllabus after getting the feedback from the trainees. The practice was successfully run by the Department of Textile and Clothing, of Home Science faculty of the college.

## **Problems Encountered And Resources Required:**

- Need of financial help to develop proper setup for this practice
- Need of more sewing machines.
- Need of basic infrastructure..

### 6) Contact Details:

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