

Sevadal Mahila Mahavidyalaya

Sakkardara Square, Umrer Road, Nagpur- 440 024

Best Practices of the Institution

Best Practice No. I

- a) **Title of Practice:** “Sewing and Embroidery Training Centre for Women”
- b) **Goal:** This 15 year old practice endeavours to meet the following goals
- To actualize the concept of ‘Women Empowerment’.
 - To provide stitching and embroidery education and train the rural women.
 - To develop their entrepreneurship skills.
 - To make women self-reliant.
- c) **Context:** The College believes in the concept of “Women Empowerment” as it is a key factor which leads the society towards the development. With this noble intention, college has planned to run this practice for economic development of women particularly from economically weaker section. This practice specifically aims at the empowerment of economically weaker women as they deal with lot of financial problems. It aims to educate and train the rural girls about fabrics and to give them practical knowledge of sewing and embroidery. It will develop their confidence and make them self-employed and self-reliant.

The primary objective of this practice is to enable women to earn some income from tailoring activities. The secondary objective is to

establish social forums where women can freely discuss their issues and problems and also enhance other skills to improve their livelihood.

d) The Practice : The Sewing and Embroidery Training Centre was started at Panchgaon in the year of 2005-06 with the help of Lion's club, Nagpur Legend and Panchgaon Grampanchayat. Department of Textile and Clothing of Sevadal Mahila Mahavidyalaya, Nagpur is conducting this practice since 15 years. After Completion of **Nine** years, the Sewing and Embroidery training centre of **Pachgaon** was shifted in Hostel premises of our college at **Narsala**, with the help of **Lions Club Nagpur South & Lions Club Nagpur Legend** from 2014-15 Session. Hon'ble Principal's office has provided full co-operation and allotted a room for training centre in hostel premises of the college at Narsala. Dr. Mrs. N. A. Tiwade, Head, Department of Textile and Clothing and Dr. (Mrs.) H. A. Padole, Assistant Professor, Department of Textile and Clothing are looking after the centre. These faculty members have drafted the theory and practical curriculum for participants. The duration of this training session is 3 months and the batch consisting of 30 students. Trained and Professional teacher is appointed to train the students. During this training, the making of different types of garments like Kurta, Salwar, Saree-blouse, A-line Frock, Petticoat, Shirt, Nappy, etc. are taught at the centre. After completion of three months course, practical examination is being conducted and certificates are distributed to the participants. As tailoring and embroidery are the areas of keen interest of Indian women and tailoring is blooming business in India at industrial level and particularly in garment industries, this practice is providing a platform to enhance their skill in this field. Considering the requirements of this 15 years successful practice, Hon'ble Principal's office has sanctioned the

amount of Rs.2,50,000/- received from Sandvik Asia Private Ltd. for the development and up gradation of this training centre. As per the requirement, more sewing machines are added and the infrastructural facilities are being improved.

e) Evidence of Success:

Women understood the importance of this practice and are sincerely attending the training centre. More than 200 women are trained through this practice. After the completion of the training session, the feedbacks are taken which are very encouraging. Women expressed the course benefits as they are now able to increase their income with the help of this practice. Some of the women have taken loans from local banks and purchased their own sewing machines is an evidence of the success of this practice. It is proving as a step towards their self-reliance. This successful practice is enabling women to improve their livelihood and proving a step towards the empowerment of the women in true sense.

f) Problems Encountered:

Initially, it was a challenging task for the faculty members to convince the importance of this practice to the rural women. It took a lot of efforts to deal with the constrained mindset of local people.

g) Contact Details:

Name of the Practitioner:

1. Dr. (Mrs) N.A.Tiwade, Assistant Professor &Head, Departmental of Textile and Clothing
2. Dr.(Mrs.) H.A.Padole, Assistant Professor, Departmental of Textile and Clothing

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Best Practice I : Glimpses of the practice



Teacher- student interaction during the class



Students working on the sewing Machines



Dr. Mrs. Padole madam demonstrating during the Tie and dye workshop



Students with their tie and dye article



Hon'ble Principal Prof. Pravin Charde and the dignitaries interacting with the students



Students preparing their article on Sewing machines during the class



Students preparing their article on Sewing machines during the class